

Please note that a fund for the promotion of Icelandic literature operates under the auspices of the Icelandic Ministry of Education and Culture and subsidizes translations of literature.

For further information please write to:

The Fund for Icelandic Literature

Austurstræti 18 | 101 Reykjavík | Iceland

Phone +354 552 8500

bok@bok.is | www.bok.is

non-fiction

CURRENT AFFAIRS

BIOGRAPHY

MEMOIRS

HISTORY

NARRATIVE NON FICTION

PARENTING

LIFESTYLE

COOKERY

BOOKS ON ICELAND

LARGE FORMAT ILLUSTRATED BOOKS

HISTORY OF ART

MAPS



*For further information please contact
the foreign rights department:*

UA MATTHIASDOTTIR

ua@forlagid.is

VALGERDUR BENEDIKTSDOTTIR

vala@forlagid.is

non-fiction

CURRENT AFFAIRS

BIOGRAPHY

NARRATIVE NON FICTION

MEMOIRS

HISTORY

LIFESTYLE

PARENTING

COOKERY

CRAFTS

BOOKS ON ICELAND

LARGE FORMAT ILLUSTRATED BOOKS

HISTORY OF ART

MAPS



FORLAGIÐ

rights-agency



PAPERBACK

2006

304 pp

English translation available

Sold to:

England (Citizen Press)

Japan (NKH Publishing)

Denmark (Tiderne Seifter)

Sweden (Natur och Kultur)

Germany/Austria/Switzerland (Orange Press)

Spain / South America (Editorial Aire)

ANDRI SNAER MAGNASON

Dreamland: Self-Help for a Frightened Nation

Dreamland is a wake-up call, a devastating polemic that puts environmental issues into global perspective.

Dreamland is an influential book about the most burning issues of our times, written with knowledge and a rare passion that will move any reader.

Dreamland immediately became a best seller on publication in Iceland and has already attracted worldwide attention due to its radical style, in the vein of Naomi Klein, Malcolm Gladwell and Jared Diamond, as well as critical acclaim from the Icelandic media.

Revised edition with an introduction by Björk and a new chapter on the bank crisis in Iceland.

Dreamland has been made into a movie.

- *The Iceland Literary Award*
- *The Icelandic Bookseller Prize*
- *The Kairos Prize – a European cultural prize awarded by the Alfred Toepfer Stiftung*



ANDRI SNAER MAGNASON (b.1973) has won the Icelandic Literary Prize for both fiction and non fiction. His work has been published or performed in over twenty countries and received numerous international awards, amongst them the Janusz Korczak Honorary Award, the West Nordic Children's Book Prize and, more recently, the Kairos Prize awarded by the Alfred Toepfer Foundation to outstanding individuals. Magnason has been active in the fight against the destruction of the Icelandic Highlands.

www.andrimagnason.com



PAPERBACK

2011

185 pp

Available in Danish and Norwegian translations, and chapters in English
Rights available

- *Guðmundsson received the Bjørnson Prize in Norway for his oeuvre and social vision.*
- *In Denmark he received an award from the memorial fund dedicated to Danish writer and radical Carl Scharnberg.*
- *In 2012 Einar Mar Guðmundsson received the Swedish Academy's Nordic Prize, dubbed "the little Nobel", for his contribution to literature.*

EINAR MAR GUÐMUNDSSON

Zero, Bank Street

In *Zero, Bank Street*, Guðmundsson deals with the trinity of book knowledge, work knowledge and ethical knowledge; how this trinity has been broken up, the enormous power of the financial world, entertainment and thrillers, volcanoes, banks and revolutions. Can culture be bought with money? He discusses the Report of the Special Investigation Commission into the collapse of the banks, comedians and cake baking, poverty and riches, justice and injustice; all of this is put forward through stories in which reality beats fiction by a mile. The guiding lights of the author this time are the Icelandic-American writer and philanthropist Bill Holm, the revolutionary writers Thorbergur Thordarson and Gudbergur Bergsson, and the immortal Beatles, featuring John Lennon along with his childhood friend, David Ashton. What happened in Bioletti's barber shop by Penny Lane in Liverpool, and why is *Zero, Bank Street* located next to the Icelandic ministry offices?

185 pp



EINAR MAR GUÐMUNDSSON (b.1954) is a novelist, short-story writer and poet, one of the most widely translated Icelandic authors born in the post-war period. A storyteller with a lyrical perceptive and humorous style, his work charts the growth of urban culture in the capital and the larger-than-life characters that it spawns.

*“The book has so many levels.
It is powerful and lyrical
at the same time.”*

RADIO 2, NATIONAL BROADCASTING SERVICE

“A remarkable book and well written.”

SILFUR EGILS STATE TELEVISION



HARDCOVER

2011

380 pp

Rights available

Chapters in English available



SIGRIDUR VIDIS JONSDOTTIR (b.1979) was born in Akranes. She lived there until she was about twenty, when she moved to Reykjavik, where she took a BA degree in philosophy, with anthropology as a supplementary. She then went on to complete an MA in Conflict and International Development at the University of East Anglia in Britain. As of 2000 Jonsdottir has written news analysis, interviews, columns and travelogues. *State: None* is her first book.

SIGRIDUR VIDIS JONSDOTTIR

State: None

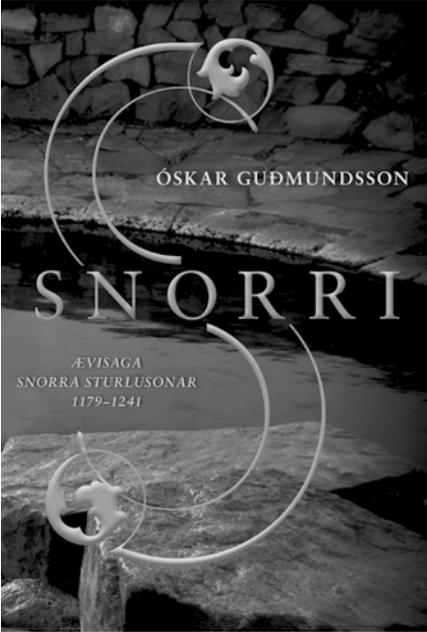
Escape from Iraq to Akranes

It's nearly fifty degrees in the refugee camp and that is how it is expected to stay for some weeks to come. Baghdad was hot as well, but the stench was not as great as here. There she lived in a house which had a roof and walls and was able to seek sanctuary inside. There are no walls here. The heat in the tents is unbearable.

In the autumn of 2008 eight families fled the terrible conditions in the Al Waleed refugee camp and were given shelter in Akranes. They were all single mothers of Palestinian origin with children, who had lived in Iraq all their lives. What was it that drove them to escape? *State: None* is a unique account of the political conflicts of recent decades in the Middle East and the people living and breathing in their shadow.

“... a real masterpiece ... the text is terse and sharp,
extremely readable and written with mature genius.”

OSSUR SKARPHEDINSSON / DV NEWSPAPER



HARDBACK
AUTUMN 2009
350 pp
Rights available
Sold to:
Germany/Switzerland/Austria
(Böhlau Verlag)

OSKAR GUÐMUNDSSON

Snorri

Snorri Sturluson (1179–1241) left more of a mark on the history of Iceland and the culture of western Europe than perhaps any of his fellow countrymen. This biography paints a vivid portrait of an exceptionally talented individual who had to grapple with kings abroad, chieftains at home, his children and his own weaknesses. But this man who struggled against the world more than eight centuries ago also conquered it through his literature.

The book lifts the veil of some of Iceland’s most intriguing historical figures and conjures up memorable images of cunning individuals and harrowing events.

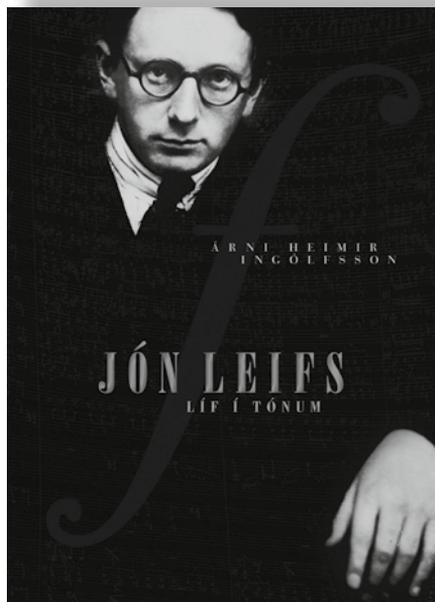


OSKAR GUÐMUNDSSON studied History, Literature and Social Sciences at the University of Reykjavik, in Bremen, Germany and in Copenhagen during the seventies. He was the editor in chief of the magazine *Studenta-bladið*, the weekly *Nordurland* and the news magazine *Thjódlif*. Óskar has worked as an independent academic and writer and has been involved in the publication of numerous books as editor and author.



“A deserving memorial to an unusual and difficult artist.”

FRETTABLADID DAILY



HARDBACK

2009

471 PP

Rights available

ARNI HEIMIR INGOLFSSON

Jon Leifs

Jon Leifs (1899–1968) was one of the most significant and unusual Icelandic artists of the twentieth century.

In the middle of World War I, he sailed to Germany, determined to dedicate himself to music, without the slightest inkling, however, of what that entailed. Like Halldor Laxness he was overtaken by world events, married a woman of Jewish origin and lived in Germany until 1944. This book recounts his story more bluntly than ever before. Arni Heimir Ingolfsson has left no stone unturned in his quest for sources on Jon Leifs’ life, which reveals itself to be gripping and fraught with suspense.



ARNI HEIMIR INGOLFSSON holds a PhD degrees in Musicology from Harvard University and is the Programme Director of the Iceland Symphony Orchestra.

“... a great, magnificent, and remarkable book.”

EGILL'S SILVER, NATIONAL TV



PRESSAN.IS



HARDBACK

2009

472 pp

Rights available

Sold to:

Germany/Austria/Switzerland (Orlanda)

Chapters in English available

PALL VALSSON

Vigdís – The Woman Who Became President

Vigdís – The Woman Who Became President recounts the story of this woman who not only charmed her own countrymen as president, but also much of the world, thanks to her charisma, warm attitude and intelligence. In 1980 Vigdís Finnbogadóttir was sworn in as Iceland's fourth president, becoming the world's first elected female head of state. What did this entail and what sacrifices had to be made? This comprehensive portrait of the person of Vigdís Finnbogadóttir, covers every shade hue from sorrow to victory, so that by the end of the book, the reader is left with both an intimate and lasting impression of her.

- *Chosen best biography at the annual award ceremony for bookshop employees, 2009.*

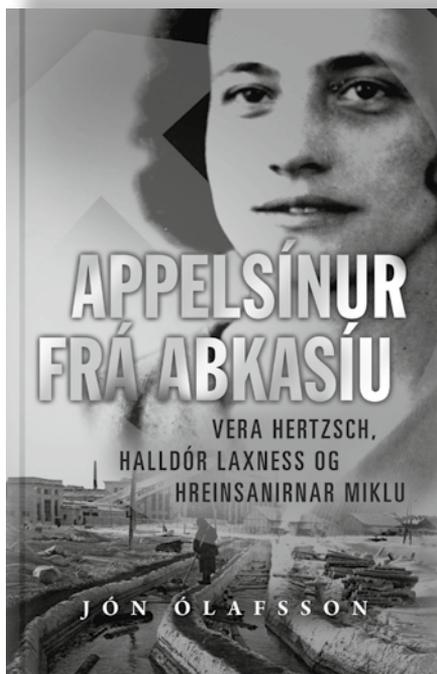


PALL VALSSON has a Masters Degree in Icelandic Literature from the University of Iceland. He was the chief editor and director of the Edda Publishing House and Mal og menning. Pall received the 1999 Icelandic Literary Award in the scholarly category for his biography of the national Icelandic poet *Jonas Hallgrímsson*.

JON OLAFSSON

Oranges from Abkasia

Vera Hertzsch, Halldor Laxness,
and the Great Purge.



HARDBACK
AUTUMN 2012
Rights available

At the height of Stalin's purge in 1937-1938, Vera Hertzsch, who had immigrated to the Soviet Union from Germany a decade earlier, was arrested by Stalin's security police, the NKVD, along with her one-year-old, half-Icelandic daughter, Erla Solveig. Halldor Laxness, who had been invited to dinner that night, witnessed the arrest.

A quarter of a century passed before Laxness would tell the story in a memoir published in 1963 while the fate of mother and child remained an unsolved mystery. Vera and her daughter had disappeared into a horrendous life in prison camps, sickness and disease, slavery and hunger. They never made it back and their relatives and friends received no information about them for decades.

This powerful and strange story has now been pieced together by Jon Olafsson in a thorough research of life in the Gulag during and after the Great Purge.



JON OLAFSSON worked for the Icelandic State Radio in Moscow when access was granted to Soviet archives after the collapse of the USSR. He has been a regular guest there ever since. He is author of books and articles dealing with Icelandic relations with Comintern and the Soviet Union. Olafsson has a doctorate in philosophy from Columbia University and is currently professor of philosophy and provost at Bifröst University.

**HARDBACK****2011****312 pp****Rights available****Literary agent:****Licht & Burr****E-mail: tl@licht-burr.dk****Sold to:****Germany/Austria/Switzerland (Steidl)**

**EDITORS:
HALLDOR GUDMUNDSSON
AND EINAR LAXNESS**

A Poet in Love

– Letters to Inga 1927-1938

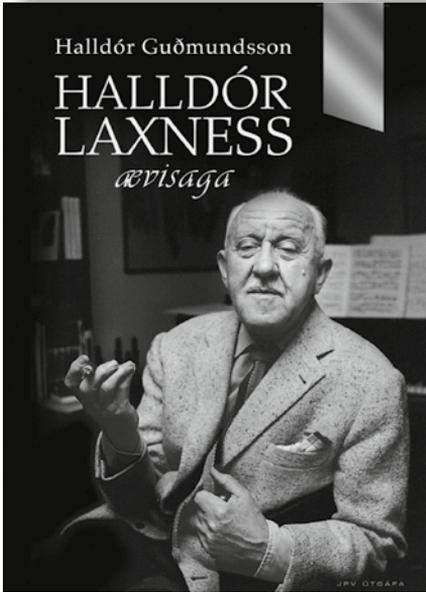
“Little girl – you can light my cigarette with your eyes!” These were the first words uttered by Halldor Laxness to Ingibjörg Einarsdottir at Thingvellir in the summer of 1924 – and the girl was bewitched by this eloquent writer. Little by little a romance blossomed, and when Laxness set off for America in the middle of 1924 they were more or less engaged to be married.

While the letters depict the incredible ambition and diligence that drives Laxness, they show also his anxiety and worries, as well as chronicling the development of Halldor and Inga’s love, leading to their marriage on May 1st 1930, that would last for ten years.

During this time, which is also Laxness’ most prolific period as an author, he writes almost 180 letters to Ingibjörg which, as is typical for all romances, swing between mischief and sincerity, jealousy and desire, trust and half-truths. At the same time these letters provide a unique insight into the zeitgeist, society and ideals of these optimistic years between two world wars.

“Stylistically admirable, exceptionally informative and will be the standard biography of Halldor Laxness.”

DIE WELT



HARDBACK

2004

486 pp

Sold to:

UK, USA (MacLehose Press/Quercus)

Germany (btb)

Norway (Tiden/Norsk Gyldendal)

Denmark (Vandkunsten)

Sweden (Leopard)

HALLDOR GUDMUNDSSON

The Islander, a Biography

Halldor Laxness was the most renowned Icelandic writer of the 20th century, having won the Nobel Prize for Literature in 1955. In his best works he is considered to have combined the spirit of classical literary forms such as the Icelandic sagas with qualities that are reminiscent of what was later called South American magical realism.

This major biography is narrated in a gripping, exciting, and consistently critical way, giving readers a grand description of a personality in which the manifold conflicts of the 20th century are mirrored.

- *The Icelandic Literary Prize 2004*
- *The Biography of the year by Icelandic Booksellers*



HALLDOR GUDMUNDSSON studied literature at the University of Iceland and then at the University of Copenhagen. For 19 years he worked in publishing, for the longest time as the publisher for *Mal og menning*. At the same time he continued researching and writing about literature, with emphasis on the works of Halldor Laxness.

SIMON JON JOHANSSON
(EDITOR):

Gljufrasteinn



PAPERBACK

2012

94 PP

21 x 24 cm

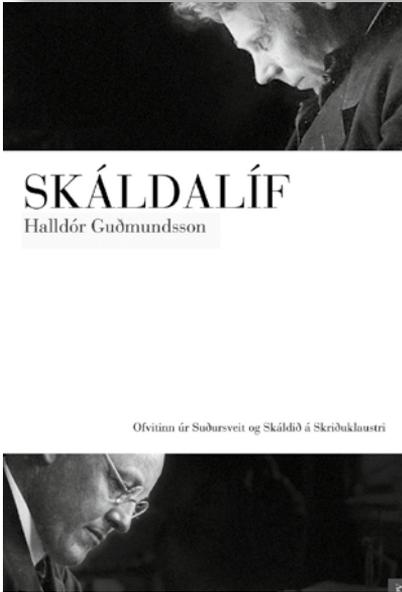
Rights available

For over half a century Gljufrasteinn in Mosfellsdalur was the home and workplace of the Noble Prize winner, Halldor Laxness. It now houses a museum dedicated to his life and work. It still has the original furniture, books, and works of art belonging to Laxness and his wife, Audur. They built the house in the countryside where Halldor grew up and moved there in 1945.

This book follows Iceland's literary giant from the cradle to the grave; from Mosfellsdalur to the far reaches of the world, out into the metropolitan streets and boulevards in the east and the west – and back to the rural peace and quiet in Iceland. The book describes Halldor's literary career, his political battles, inner turmoil, grievances and successes. The lesser told story of his wife Audur is also explored, in addition to the everyday life and festivities in the couple's home. A revealing and comprehensive book on one of the most famous homes in Iceland, accompanied by several photographs.

“Incredibly intriguing ...a bold idea ... a remarkable book written with vigour and intensity.”

ICELANDIC STATE TV



HARDBACK

2006

440 pp

Rights available

HALLDOR GUDMUNDSSON

Writer's Lives

The Sudursveit Prodigy and the Skríðuklaustur Poet – a Biography

Do they have anything at all in common, the cosmopolite Gunnar Gunnarsson and the homebody Thorbergur Thordarson? One wrote in Danish and saw his books translated into a host of foreign languages; the other's books were a well-kept secret known only to the few who knew his native tongue. One probed the mystery of human existence; the other was a noted and mercurial humorist.

Halldor Gudmundsson sketches a unique portrait of these two authors in this parallel biography.

- *Nominated for the Icelandic Literary Award*

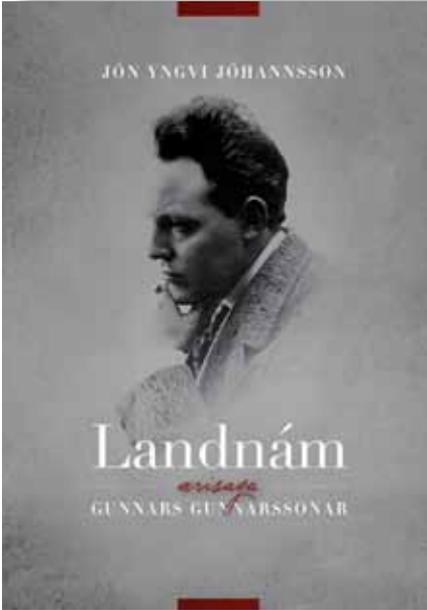


HALLDOR GUDMUNDSSON studied literature at the University of Iceland and then at the University of Copenhagen. For 19 years he worked in publishing, for the longest time as the publisher for *Mal og menning*. At the same time he continued researching and writing about literature, with emphasis on the works of Halldor Laxness.

JON YNGVI JOHANNSSON

Gunnar Gunnarsson

– a Biography

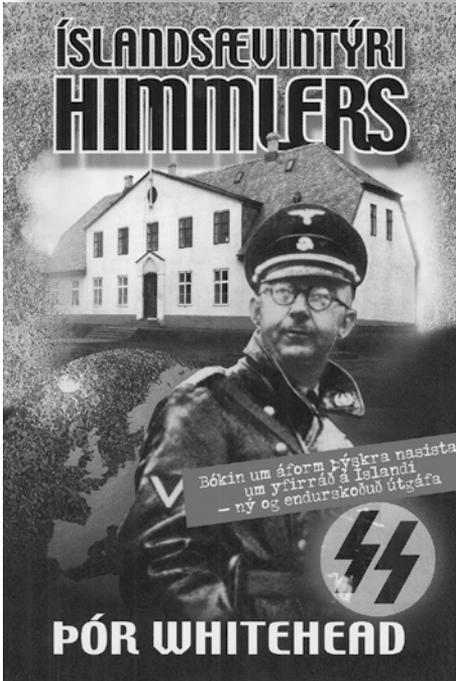
**HARDBACK****2011****500 pp****Rights available**

JON YNGVI JOHANNSSON is a literary historian and critic. He teaches Icelandic and Scandinavian literature at the University of Iceland. He is one of the authors of *A History of Icelandic Literature* (University of Nebraska Press, 2006) and *Icelandic Literary History IV–V* published by Mál og menning in 2006.

Gunnar Gunnarsson (1889–1975) was one of Iceland’s best-known authors, a man with a colourful and adventurous life. Born in a remote province of Iceland, he moved to Denmark as a young man, determined to become a writer and reach a larger group of readers than the Icelandic tongue could offer. In this he succeeded, as at the peak of his career he was translated and read widely around the world, and in Denmark and Germany in particular he ranked amongst the most popular novelists. He was so well known that he was granted a private interview with Adolf Hitler in the Berlin Chancellery in the spring of 1940.

This work is based on more than ten years’ extensive research of source material on Gunnarsson’s life and works dealing equally with his private life, his participation in official life, in particular his relations with the German literary world and authorities, and his works. His ranking in Icelandic literary history, as an Icelandic author writing in Danish is reassessed.

*A journey that unravels the peculiar ideological world
of Nazi Germany and sheds a light on its plans
to gain power in Iceland.*



HARDBACK

1998

221 pp

Rights available

**The book contains a vast
collection of photographs.**

THOR WHITEHEAD

Himmler's Icelandic Adventure

This book, of unquestionable historical merit, reads like a thriller and provides a unique account of some of the bizarre ideas Heinrich Himmler and a few of his kindred spirits entertained about Iceland and its inhabitants. Himmler looked on Iceland as a sacred land which preserved the remnants of the noble and ancient high culture of the Norse, the origins of the Germanic race. At the same time he intended to annex Iceland into the Nazi's "Thousand Year Reich" and planned to boost trade between the two countries and promoting large scale industry in Iceland.



THOR WHITEHEAD is a professor of history at the University of Iceland specializing in political and military history. He has written extensively on Icelandic foreign relations and security during the 1930's and the Second World War as well as publishing some works on the Cold War era and the history of the Communist movement in Iceland.

“This is the story of a woman who, at one time, was one of America’s most effective impostors: a person who enthralled great numbers of people with her fabrications. ... a multilayered text that gradually builds a cogent picture of the life experience of an unusual woman and the society in which she lived and functioned.”

MORGUNBLADID NEWSPAPER



HARDBACK

2004

275 pp

English translation available

Sold to:

USA (University of Michigan Press)

English translation available



INGA DORA BJORNSDOTTIR studied anthropology at Lund University in Sweden and at New York University before earning her doctoral degree from the University of California at Santa Barbara. She has taught anthropology at the University of California, as well as at the University of Iceland. Dr. Björnsdóttir is the author of several biographies, as well as the co-author of books and documentaries.

INGA DORA BJORNSDOTTIR

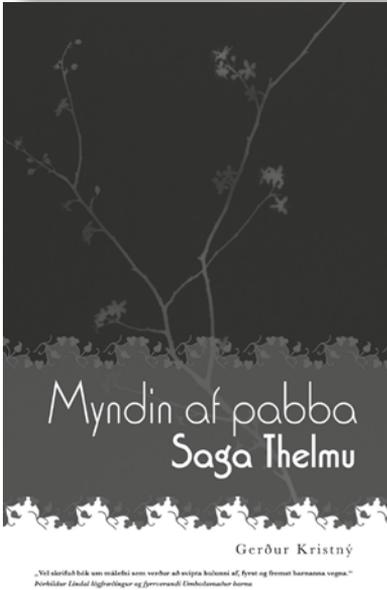
Olof the Eskimo Lady

A Biography of an Icelandic Dwarf in America

A dwarf girl, Olof Solvadottir, was born in Iceland in 1858. She moved to the Western World at the age of 19, following the tracks of an American travelling circus, but then transformed herself into an Inuit Eskimo and started to deliver lectures about Greenland and her life there. As an Eskimo, Olof acquired fame and recognition with her concocted biography, travelled widely across America, and managed to con the world for more than two decades and deliver some 2.500 lectures without raising any suspicions.

- *Nominated for the Icelandic Literary Prize 2004*

The Icelandic Bookseller's Prize 2005
The Icelandic Journalist Award 2005

**HARDBACK****2005****232 pp****Chapters in English available****Sold to:****Sweden (Bra böcker)****Film rights sold to:****Elf Films**

GERDUR KRISTNY
THELMA ASDISARDOTTIR

Portrait of a Father – My Story

Thelma and her four sisters were brought up in the 1970's and 80's. There they were subjected to the cruellest violence that can be inflicted on any child – relentless sexual abuse from her father and other paedophiles. Thelma soon learnt that absolute silence was to reign over her experiences, a silence she didn't break until she became an adult woman and came into contact with, an organization set up to help women who have suffered sexual abuse. Author Gerdur Kristny recounts Thelma's story in a poignant and dispassionate style. A story of a woman who has been helped to come to terms with her excruciating past and stands up, victorious.



GERDUR KRISTNY (b.1970) proved herself as one of Iceland's most interesting poets with her first book, and has since then published several books of poetry, as well as short stories, novels and children's books. She received the Icelandic Children's Book Award for Smart Marta, The Halldor Laxness Award for her novel A Boat with Sails and All and the Icelandic Literary Award for her book of poetry, Bloodhoof.

**GUDRUN EBBA OLAFSDOTTIR:
AUTOBIOGRAPHY
RECORDED BY ELIN HIRST**

Don't Look Away



HARDBACK

2011

300 pp

Rights available

Chapters in English available

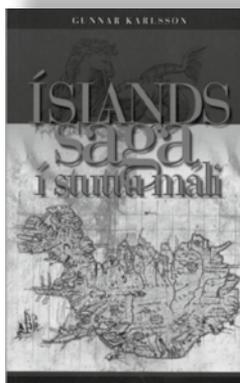
This is a unique book. It deals with the consequences of letting the truth lie hidden and the necessity of facing up to the past, however painful and difficult that may be.

Gudrun Ebba Olafsdottir is the daughter of Bishop Olafur Skulason, a powerful figure in Icelandic society and head of its national Church, who was forced out of office following accusations of sexual harassment – something he always denied. Olafsdottir has now emerged to tell her story. Her account is forthright and she admits her weaknesses, examines her own life in the big picture, how her father's sexual abuse in her youth has coloured all her life. She describes not only the various unhealthy methods she used to make herself numb, but also how she finally tackled her life difficulties and how, following that, she has forced the servants of the Church to face up to their own problems in regard to such matters – and stop looking away.



ELIN HIRST (b.1960) is a journalist and a well known TV personality. She was head of news of Icelandic public television channel from 2002 to 2008. She has produced a series of documentary film, amongst them the story of the German civilians who were interned on the Isle of Man during World War II.

PAPERBACK
2000
72 pp
Available in:
English, Swedish
and German
Sold to:
Japan (Waseda
Daigaku Shuppan)



GUNNAR KARLSSON

A Brief History of Iceland

A concise, clear and vivid overview of Icelandic history through these centuries, the main events, the people and their way of life, in times of glory and in times of degradation and natural disaster.

Gunnar Karlsson History of a Marginal Society

Iceland's 1100 Years



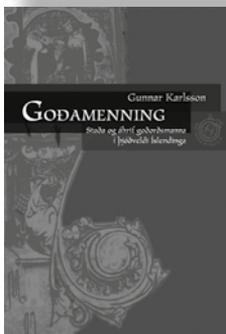
HARDBACK
2001
418 pp
Rights available

GUNNAR KARLSSON

Iceland's 1100 Years

The history of Iceland, from the colonisation around the year 870 until the year 2000, having taken the reader through Iceland's period of foreign domination, politics, feminism, religion, economics, culture and technological development.

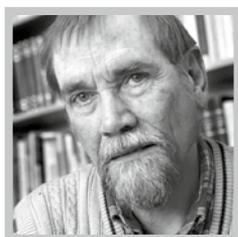
HARDBACK
2004
539 pp
The book includes an English summary.



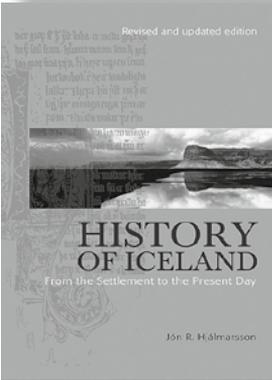
GUNNAR KARLSSON

Chieftain Culture

A multi-layered investigation into the role and social influence of the Icelandic chieftains (*goðar*) on the Icelandic Commonwealth with a particular focus on aspects of this society such as distinctions between legislative and judiciary powers, the democratic nature of the chieftaincies, and the relationship between the chieftaincies and Icelandic literature in the Middle Ages.



GUNNAR KARLSSON is a historian and professor of History at the University of Iceland. He has written a wealth of books, articles, studies, teaching books and introductions to Icelandic history.



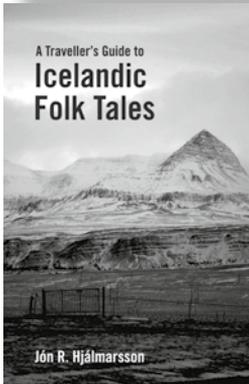
PAPERBACK, 1994, 200 pp

Available in:

English, Danish and German

Sold to: Russia (Ves Mir);

Bulgaria (Riva)



PAPERBACK, 2011, 220 pp

Available in:

English and German



JON R. HJALMARSSON is a historian and educator and served as a school principal and later as regional administrator of education in south Iceland for many years. He is well known as a broadcaster and as the author of several books on history and related subjects.

JON R. HJALMARSSON

History of Iceland

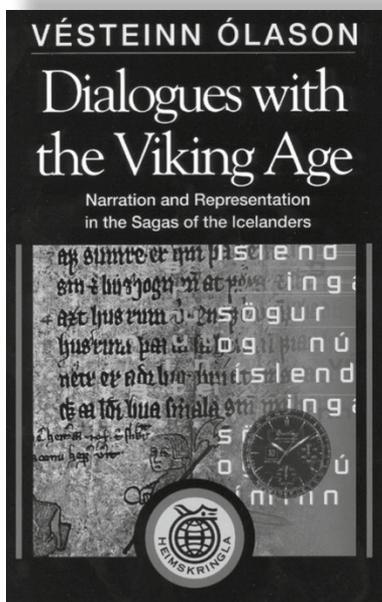
A lively and absorbing description of the development of the Icelandic nation from the settlement more than eleven hundred years ago and up to the present day. In concise and highly informative accounts, written with the general reader in mind, the book charts the glories and achievements of the Republic and Saga Age; the bitter and bloody civil war which led to humiliation and suffering under colonial rule; and the nationalist awakening which has created a thriving modern republic with deep attachment to its unique past.

A Traveller's Guide to Icelandic Folk Tales

This is a collection of 60 local legends, designed to accompany the traveller on the road around Iceland. The scene is set for each story with a description of the surrounding landscape and a brief history of the region, as well as practical information about routes to the various locations. Trolls and elves, wizards, ghosts, mermen and a host of other mysterious beings come to life in these pages to enliven the traveller's journey around Iceland.

“An excellent work.”

SVENSKA DAGBLADET



HARDBACK

1998

297 pp

Sold to:

Italy (Editoriale San Giusto srl

– Edizioni Parnaso);

Germany/Austria/Switzerland

(Ludwig Verlag)

English translation available

VESTEINN OLASON

Dialogues with The Viking Age

An introduction to and a critical discussion of the Sagas of the Icelanders or the Icelandic Family Sagas, as they are often called. The author presents the historical and literary background of the saga genre, analyses the narrative form and describes the world view expressed in the sagas. He sees the sagas as dialogues between the authors and their past, conversations between the Middle Ages and the Age of the Vikings. He joins in that conversation from a modern standpoint and leads the reader into the sagas step by step, gradually helping him to develop a deeper understanding both of individual works and of the genre as a whole.



VESTEINN OLASON has been professor of Icelandic literature at the University of Iceland, UC Berkley and the Universities of Copenhagen and Oslo as well as being the director of The Arni Magnusson Institute for Icelandic Studies. Olason has published numerous articles on Icelandic literature in Icelandic and foreign magazines as well as several books, amongst them Traditional Ballads of Iceland. He received the Icelandic Literature Award in 1993.

“One of the most stimulating texts I have read this winter ...

This is an amazingly entertaining book.”

KILJAN, NATIONAL TV



HARDBACK
2012
94 pp.
21 x 24 cm



DR OTTAR GUÐMUNDSSON (b.1948) matriculated from the Medical Faculty of the University of Iceland in 1975 and went on to do postgraduate studies in Sweden, completing a specialist degree in pharmacotherapy in 1984 and submitting a doctoral thesis the same year. He has specialised in psychiatry since 1992. For the last two years he has been studying history and German in Germany. He is currently attached to the psychiatric ward at Kleppspítali.

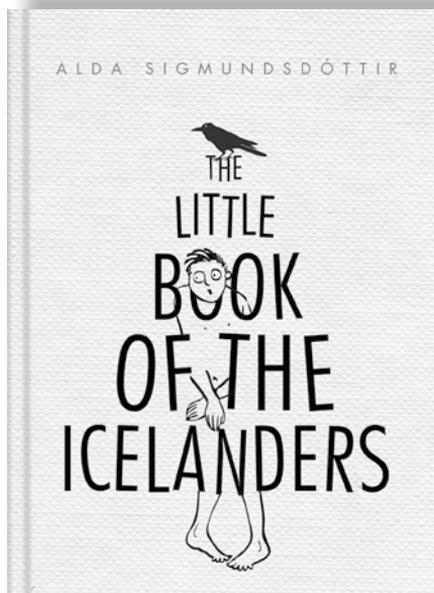
OTTAR GUÐMUNDSSON:

Heroes and Emotional Distress – Mental Disease and Personality Disorders in the Icelandic Sagas

Ottar Guðmundsson does not believe in taking easy options. He has previously turned his eye to sex, alcohol, death and the history of psychiatry. In his latest book, the bestseller *Heroes and Emotional Distress: Mental Disease and Personality Disorders in the Icelandic Sagas*, he takes on the jewel of Icelandic literature and applies his professional expertise to unconventional effect.

Can we identify the kinds of mental problems the great heroes of Old Icelandic literature had to contend with? How did the clinical aspects of their personalities affect the events of *Njal's Saga*? How does a modern psychiatrist view the eternal triangle between Gudrun, Kjartan and Bolli in *Laxdaela Saga*?

These and many questions like them are raised and answers sought in a book unlike any other in Icelandic saga research.



HARDBACK
2012
101 pp
13,2 x 17,6 cm
Rights available
Available in English

ALDA SIGMUNDSDÓTTIR

The Little Book of the Icelanders

After more than 20 years of living abroad, Alda Sigmundsdóttir returned to Iceland and set about dissecting the national psyche of the Icelandic people. Among the fascinating subjects broached in *The Little Book of the Icelanders* are: The appalling driving habits of the Icelanders, naming conventions and customs, the Icelanders' profound fear of commitment, the Icelanders' irreverence, why Icelandic women are really men, how the Icelanders manage to make social interactions really complicated, the importance of the family in Icelandic society, where to go to meet the real Icelanders (and possibly score some free financial advice), rituals associated with weddings, confirmations, graduations, and deaths, and many, many more.

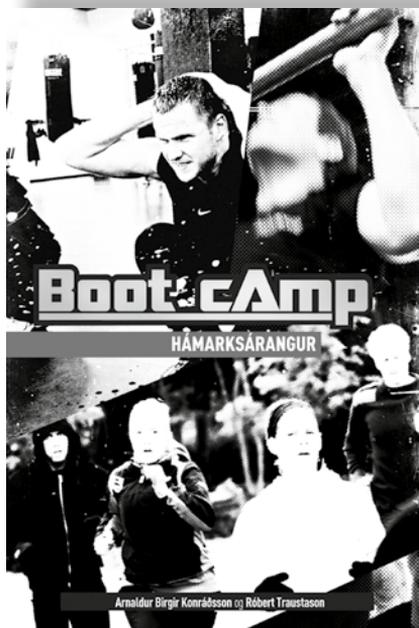


ALDA SIGMUNDSDOTTIR is a writer, journalist, translator and blogger. She has lived in the United Kingdom, Cyprus and Germany for longer or shorter periods. Returning to Iceland as an adult, and, essentially, as a foreigner, she was quick to spot the many foibles of her countrymen. English is Alda's first language, and she has written extensively about Iceland for the international media. She chronicled Iceland's economic meltdown on her English-language blog, "The Iceland Weather Report," and has subsequently been a frequent commentator and lecturer on her country's social and economic situation.

www.aldasigmunds.com

ARNALDUR BIRGIR KONRADSSON
ROBERT TRAUSTASON

Budz Boot Camp: MAXIMUM SUCCESS



HARDBACK

2010

184 pp

See Budz Boot Camp:

www.budzbootcamp.dk and

www.budzbootcamp.is

Chapters in English available

Published in Iceland in 2010, *Budz Boot Camp - Maximum Success* has been so popular that it has already been reprinted several times. Thousands of Icelanders have tested their strength and endurance at the Budz Boot Camp, which recently opened a branch in Copenhagen with great success.

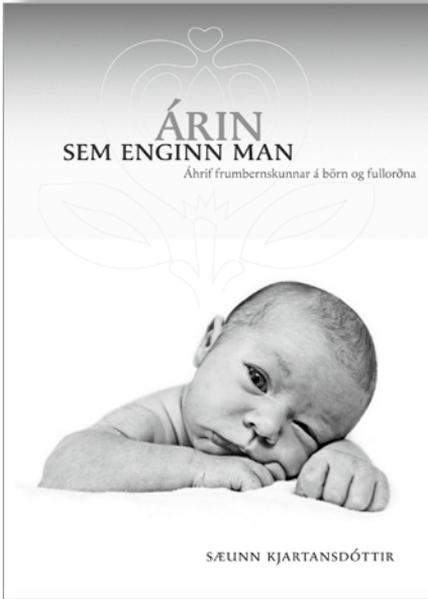
Maximum Success book describes the many different exercises and stretches they have evolved, together with training schedules with basic exercises for beginners and *élite* exercises for the more experienced. There are explanatory illustrations and photographs of all the exercises with clear instructions on how to execute each of them as well as special directions on the main features of each schedule. The book also furnishes the reader with nutritional advice and a wealth of other information indispensable to achieving maximum success.



ARNALDUR BIRGIR KONRADSSON and ROBERT TRAUSTASON is designed and developed the Budz Boot Camp training system used in Iceland and Denmark. Using their combined experience as personal physical fitness coaches, sport trainers and bodyguards — taught by ex-special squad instructors — they have created a unique, demanding but highly enjoyable set of physical training programs.

*“Children are not an investment and time is not money.
A child is only a child for a short time, but childhood
is a period that remains stored in us.”*

ANDRI SNAER MAGNASON, AUTHOR AND FATHER



TRADE PAPERBACK

2009

203 pp

Rights available

SAEUNN KJARTANSDOTTIR *The Years No-One Remembers*

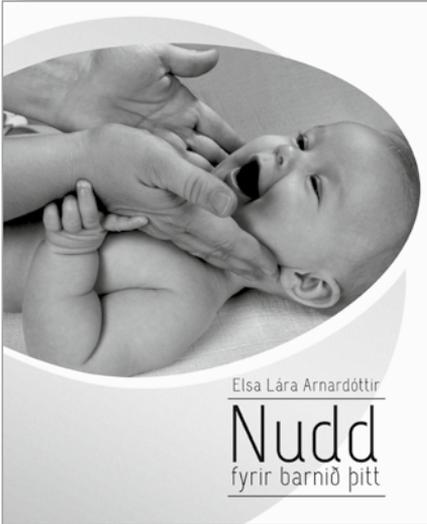
We don't remember the first months of our lives, not even the first two to three years. Research however, is increasingly showing that it is precisely those first months and years that have a lasting impact on our lives from that point onwards. The child's every experience has a direct effect on its self-image and its relationships with others. The care and stimulation of those around them can be rewarded with incredible development. Our experiences later in life can never be equal to the first connections that are established, because they form the basis for the life that lies ahead. *The Years No-One Remembers* is a vital book for the parents of young children and all those who tend to little children.



SAEUNN KJARTANSDOTTIR is an independent psychoanalyst who has a long track record in individual therapy and counseling in the health service. She is also the author of *What Makes People? The Psychoanalytic Quest for Understanding* (1999).

“I liked best having my elbows massaged and knees and thighs, arms, hands and legs, feet and just everything, massage is so good.”

ARNARDOTTIR'S FIVE YEAR OLD DAUGHTER
AND THE MAIN MODEL IN THE BOOK



WIRED HARDBACK
2011
87 pp
Rights available

ELSA LARA ARNARDOTTIR

Massage for your baby

Close touch from the moment of birth creates trust between a parent and a child. Purposeful baby massage increases the baby's well-being, contributes to better sleep, eases teething pains and strengthens the immune system, besides which it seems to help babies suffering from colic and other disorders. Massage also has extensive functionality for older children, for instance those who practise sport.

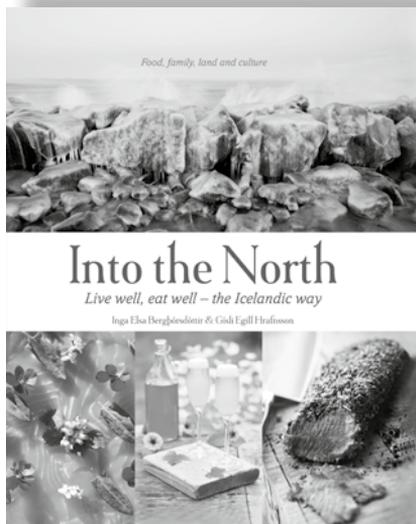


ELSA LARA ARNARDOTTIR is a professional massage therapist who has specialised in pregnancy-, birth- and baby massage. In this user-friendly book she teaches simple and effective methods to massage babies as well as older children. Plenty of photographs make this book very clear and easy to use.

INGA ELSA BERGTHORSDOTTIR
GISLI EGILL HRAFNSSON

Into the North

– Live well, eat well –
the Icelandic way



HARDBACK

2012

169 pp.

20,5 x 25 cm

This book is both a personal cookbook and a culinary saga of Iceland, told through recipes that give the reader a glimpse into the daily hardships and unique history that have shaped the cuisine of the country over the last 1.100 years. Some of the recipes in this book have roots in traditions that go back many centuries while others are more recent additions to the family recipe collection, inspired by locally and seasonally available ingredients in Iceland.

The book is richly illustrated, not only with photographs demonstrating food-preparation and cooking techniques but with a spectacular gallery of nature and landscape photographs.

The reader is invited to take a tour through the changing seasons, roam the green meadows of the countryside, escape into the naked wilderness, climb glaciers and volcanoes, and sail the rough seas that surround Iceland.

The authors, Inga Elsa Bergthorsdottir and Gisli Egill Hrafnsson, share their love, passion and experience of food and nature with the reader through recipes, food history and family lore.

INGA ELSA BERGTHORSDOTTIR
GISLI EGILL HRAFNSSON

Cooking and Baking in the Oven at Home



HARDBACK
2012
251 pp
Rights available

Cooking in an oven is a relaxed way to prepare food, and yet steaks, cakes, and other delicacies cooked in the oven are some of the staples of feasts we make to mark great occasions in life or to mark the perfect ending to a good day. *Cooking and Baking in the Oven at Home* is a collection of new and classic oven recipes, organized by theme. New ingredients are introduced and tried and tested golden oldies are put to good use. The book aims to use seasonal raw ingredients, introduce some interesting cooking methods and several ideas on how to improve on or change recipes by using different spices, basic raw materials, and little tricks that make baking and cooking such a pleasure.



GISLI EGILL HRAFNSSON is Iceland's most experienced food photographer. He studied photography in France and has photographed high on twenty books on cookery and is the author of a further three in collaboration with his wife, Inga Elsa.

INGA ELSA BERGTHORSDOTTIR is a graphic designer and runs an advertising agency. She has received several distinctions for her work.



“An exceptionally handy and practical book for those who are not used to baking ... The book has all the information you need to learn how to bake good muffins ... There is absolutely no need to let convention keep you away from this book because it is brilliant in every way.”



HARDBACK
2012
112 pp
18,7 x 20 cm

NANNA ROGNVALDARDÓTTIR

Muffins for Every Occasion

It's simple, easy, and quick to bake good and gorgeous muffins that are fit for every occasion, from morning to night:

- Healthy and energizing morning muffins.
- Lunch muffins to take to work, eat with your soup, or as a snack.
- Sweet and delicious muffins with fruit, chocolate, and all sorts of everything.
- Dinner muffins to treat the family.
- Muffins for dogs and cats.

NANNA ROGNVALDARDÓTTIR

Nanna's Nibbles

Finger Foods, Appetizers and Other Temptations

Preparing canapés and other small dishes is one of Nanna Rognvaldardóttir's favourite pastimes. In this book she shares tips and advice taken from her lengthy experience as a food guru and chef. All the small dishes pictured were gobbled up by the Forlagið staff at the end of the photo session!

Recipes include:

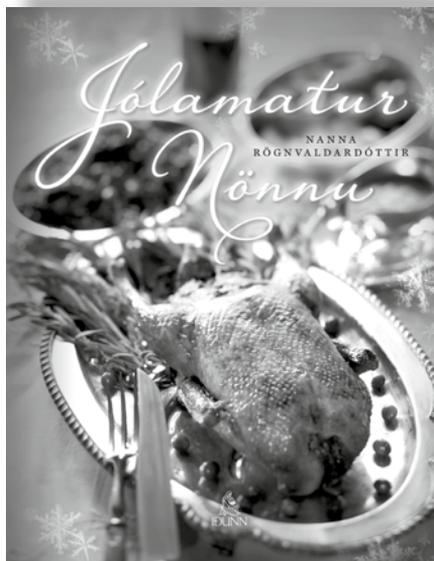
Filled croissants and rolls /Small pizzas and quiches /Canapés and tortilla rolls/Crackers and bread sticks /Rusks and cakes /Sticks /Mini-balls/Sauces and dips/Vegetable dishes/Cheese dishes/Appetizers /Sweets.

HARDBACK
2010
205 pp
18,7 x 23 cm



NANNA ROGNVALDARDOTTIR

Nanna's Christmas Food



HARDBACK
2011
166 pp
Rights available

Do you want to a traditional Christmas, an inexpensive Christmas, a healthy Christmas, a fishy Christmas, a game Christmas, a luxury Christmas, a vegetarian Christmas or a quick Christmas?

Are you looking for tried and tested recipes for traditional Christmas food, original takes on familiar party foods, or something completely new and exciting?

You'll find it all in this book.

Nanna Rognvaldardóttir was not allowed anywhere near Christmas cookery until she was well into her adult years, but she has made up for it ever since. This is her twelfth cookery book, and is lavishly illustrated with Gisli Egill Hrafnsson's beautiful photographs.



NANNA ROGNVALDARDÓTTIR is Iceland's most popular cookbook author and food writer. She has among other things written a 700-page encyclopaedic work on food and cooking followed by a huge cookbook with over 3,600 recipes and a couple of books in English on Icelandic food, *Cool Cuisine* and *Icelandic Food and Cookery*. *Nanna's Home Cooking* was published in 2009 and became an instant bestseller in Iceland.



HARDBACK

2009

240 pp

Rights available



HARDBACK

2004

148 pp

Available in:

Icelandic and English

Also available in small format

NANNA RÖGNVALDARDÓTTIR

Nanna's Home Cooking

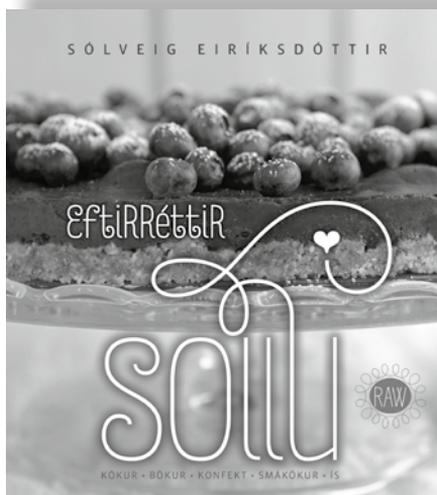
Nanna's Home Cooking is a compilation of fifty dishes frequently cooked by the author for her own family. Some are variations on traditional Icelandic recipes, some are modern European or American, some a bit more exotic – but all are fairly simple, inexpensive and above all tasty. Besides the recipes themselves, this unconventional cookbook includes several suggestions for accompaniments to each dish as well as ideas on how to change the recipe according to individual preferences, cook a version for singles and what to do with the leftovers.

- *The Icelandic Winner of the Gourmand World Cookbook Awards 2009 in two categories*

NANNA RÖGNVALDARDÓTTIR

Cool Cuisine

Favourite traditional Icelandic dishes are brought to life in this inspirational cookbook. A mixture of old and new, combined with excellent ingredients, provides a collection of mouth-watering recipes. This book gives you a taste of Iceland's coolest cuisine with recipes which are easy to follow and fun to cook.



HARDBACK

2011

166 pp

Rights available

RAW SOLLA

Raw Food Desserts

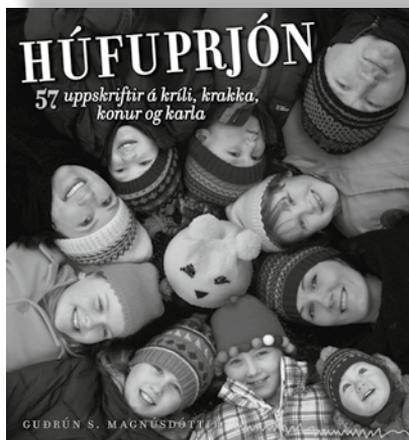
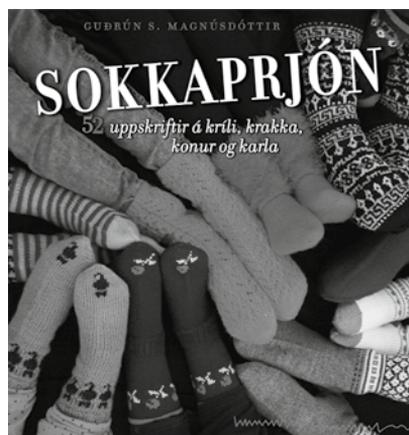
One of the greatest pleasures in life is to try new and delicious dishes that focus on goodness and health, and here Solla opens up new dimensions in the art of desserts and sweets, for raw food converts and for everyone and anyone who like to give themselves a treat.

This book contains all sorts of delicacies, with an emphasis on good and wholesome ingredients that are thoroughly discussed in the book's introduction. Everyone should be able to make brownies, small and large pies, cookies, cupcakes, nibbles, ice cream, and chocolate á la Solla.



SOLLA EIRIKS (RAW SOLLA) is a food designer with a true passion for raw food. She is at the forefront of the Raw food movement both in Iceland and abroad. She recently won two awards in a 2012 competition for the best raw food cook in the world, Raw Vegan Simple Chef and Gourmet Raw Chef. She runs the popular raw food restaurant Glo with her husband.

www.rawsolla.com

**HARD COVER****2012****134 pp****20,5 x 21,5 cm****HARD COVER****2011****127 pp****20,5 x 21,5 cm****GUDRUN S. MAGNUSDOTTIR**

Knitting Hats & Caps

– 57 patterns for all ages

Knitting Hats & Caps is a diverse and colourful book with all sorts of hats and caps for anyone interested in knitting. Here you have simple and clear patterns for hats and caps for people of all ages, in addition to practical information, great advice, and easy instructions on how to knit and crochet the designs in these patterns. Gudrun S. Magnúsdóttir has decades of experience in knitting, both from her work as a hands and crafts teacher and hobbyist.

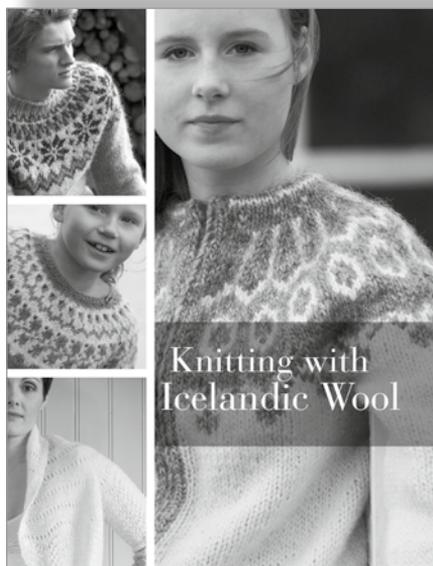
GUDRUN S. MAGNUSDOTTIR

Knitting Socks

– 52 patterns for all ages

In this vibrant book you'll find 52 patterns for babies, toddlers, kids, men and women. The book is a true gem for those who love knitting. The book offers basic instructions for beginners, while advanced knitters are provided with diverse and fun guidance on knitting various types of socks. The book has simple and clear patterns with different kinds of socks and numerous designs, in addition to precise instructions accompanied with photographs showing how to knit socks, stitch by stitch.

Gudrun S. Magnúsdóttir is a hands and crafts teacher and is an extremely experienced and accomplished knitter.

**HARD COVER****2011****261 pp****Published in Icelandic and English****Sold to:****Denmark (Turbine); USA/UK/ANZ
(St. Martin's)****EDITOR: ODDNY JONSDOTTIR**

Knitting with Icelandic Wool

65 patterns for garments made from Icelandic wool. *Knitting with Icelandic Wool* contains everything you need to know about Icelandic wool and knitting in Iceland. The book comprises 65 patterns for women, men and children chosen in collaboration with Iceland's largest wool manufacturer, Ístex.

The book mainly features the classic Icelandic lopi sweater and other popular garments, but there are also patterns for smaller projects such as woolly hats, socks, mittens and scarves.

The history of knitting in Iceland, from its origins to the present day, is told with an emphasis on the emergence of the Icelandic lopi sweater, as well as the growth of the Icelandic wool industry.

Knitting with Icelandic Wool is a great book for knitters looking for exciting patterns knitted in Icelandic wool, and an informative and entertaining resource for all who have an interest in the history of handicrafts.



PICTURE BOOK, HARDCOVER

61 pp, 24,5 x 22,5

Available in: English

Sold to:

Russia (Ripol)

BRIAN PILKINGTON

Trolls – Philosophy and Wisdom

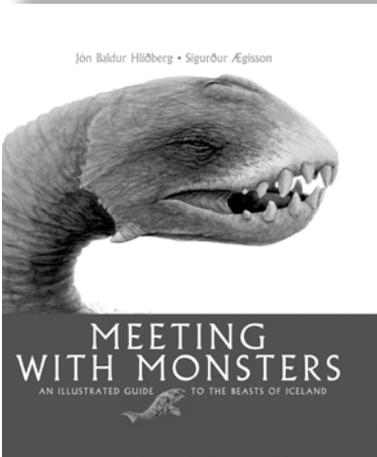
Just because you haven't seen something doesn't mean that it doesn't exist!

Icelandic trolls have always been reclusive but they've become even more so with the encroachment of humans on their island. According to folktales throughout the ages, trolls have been deservedly feared. In the more than thirty years that illustrator and author Brian Pilkington has been exploring Icelandic folklore, however, a more characterful, tranquil creature has emerged – a reticent, serene and highly intelligent being living in harmony with nature. These creatures go around barefoot, even in the coldest of winters, because they like to have their feet firmly planted on the planet they revere so much.

Trolls – Philosophy and Wisdom is a beautiful collection of paintings showing trolls in Icelandic nature along with their words of wisdom. Of Pilkington's many books concerning Icelandic folklore, this is his tenth about Icelandic trolls.



Trolls' Philosophy and Wisdom and *The Hidden People of Iceland* is richly illustrated by award-winning artist BRIAN PILKINGTON (b. 1950). Pilkington is the author of several books for children, which have been published in a number of countries.



HARDBACK

2008

135 PP

Available in:

Icelandic and English

SIGURDUR AEGISSON
ILLUSTRATIONS BY
JON BALDUR HLIDBERG

Meeting with Monsters

Icelandic folklore heritage contains a wealth of tales about weird animals and ferocious monsters. These creatures terrified Icelanders in prior centuries but have hardly been noticed recently a least for the most part.

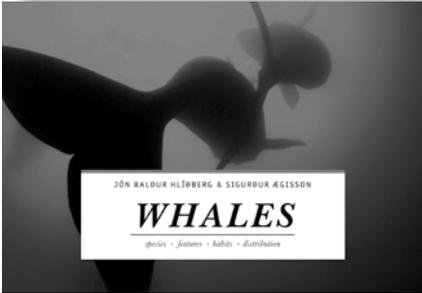
The main folk legends and stories of these monsters from in or around Iceland are recounted in this book, from both oral and written sources. The monsters and their peculiarities are described in the text in a detailed, insightful manner, and the locations where they have been spotted are shown on a map. The illustrations accompanying the text shed additional lights on this interesting part of Icelandic folklore.

Noted wildlife artist JON BALDUR HLIDBERG has thrown himself into a new arena illustrating creatures of legend.

SIGURDUR AEGISSON is a folklorist and theologian by training and has written over the years on the subjects of natural history and folklore.



JON BALDUR HLIDBERG has long been famous for his wild life illustrations, which have adorned specialists books and variety of other informative material in recent years. A portfolio of his stunning artwork is available at www.fauna.is, an image database of over 1800 images of various plants and animals he has painted over the years. Images are added to the database as Jon Baldur Hlidberg paints new ones or as older ones are freed for publication. The database can be searched by English, Icelandic and Latin names.



PAPERBACK
21 x 14,5 cm
155 pp
Available in English

SIGURDUR AEGISSON
 ILLUSTRATIONS BY JON BALDUR HLIDBERG

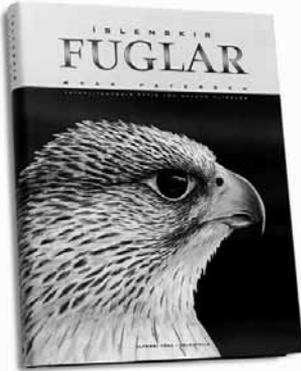
Whales

species – features – habits – distribution

Interest in whale watching has greatly increased in recent years. This book is intended to meet the growing need for easy-to-read material on these mysterious creatures. It can be used both when observing whales in their natural environment and as a general handbook. All whales found in the temperate and cold seas of the North Atlantic Ocean are covered in detail, while exceptional pictures highlight all the main distinguishing features of the animals.

The book is divided into two parts. The first is a diagnostic key that allows users to easily identify the whales they see. The main physical features, habits and similar species are noted. The second part contains general information about whales, including the species found in the seas around Iceland.





HARDBACK
33 x 25.5 cm
312–344 pp
Rights available
Illustrations available on
www.fauna.is



AEVAR PETERSEN

ILLUSTRATIONS BY JON BALDUR HLIDBERG

Icelandic Birds

The most up-to-date and thorough book on Icelandic birds ever. Each species is described in independent chapters including distribution maps and an illustration of the every breed's egg and different plumages.

- *Nominated for the Icelandic Literary Prize in 1998*

**GUNNAR JONSSON
 & JONBJORN PALSSON**

ILLUSTRATIONS BY JON BALDUR HLIDBERG

Icelandic Fish

The book is written by the two of Iceland's foremost experts in this field. It deals with the 340 species of fish found in Icelandic waters and contains over 500 pictures, both portraits and details, most of them from actual specimens.

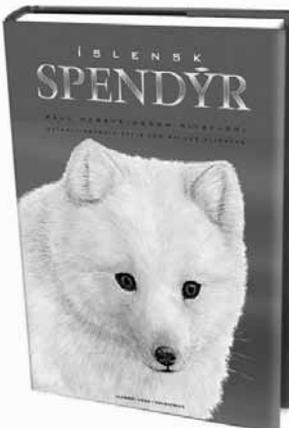
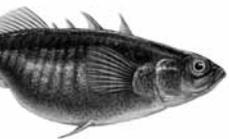
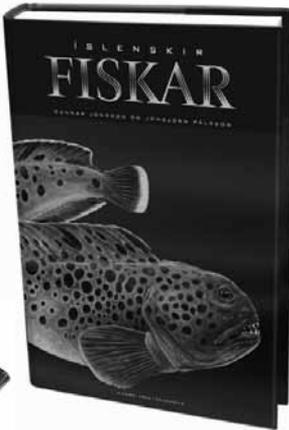
PALL HERSTEINSSON

ILLUSTRATIONS BY JON BALDUR HLIDBERG

Icelandic Mammals

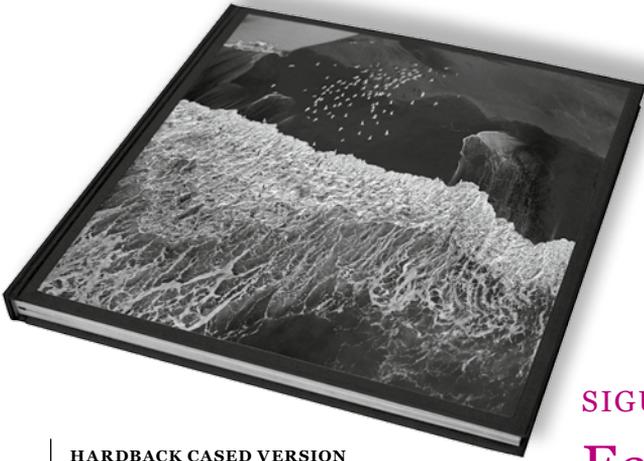
Over 60 species of mammals are analysed in this book, each presented in lively and interesting prose, and accompanied by stunning water-colour illustrations, in addition to a wealth of maps and diagrams.

- *Nominated for the Icelandic Literary Award in non-fiction in 2004*





SIGURGEIR SIGURJONSSON has worked as a photographer in Reykjavik for a number of years and is the author of several magnificent books of photography, all of which have enjoyed enormous success for Sigurjonsson's ability to express the unique qualities of the Icelandic landscape.



**HARDBACK CASED VERSION
OR SPECIAL CARRIER BAG**

2011

34 X 35

196 PP

Colour photographs throughout

SIGURGEIR SIGURJONSSON

Earthward

Earthward is a large and extremely well crafted volume of photographs that do magnificent justice to Iceland's wildernesses with photos taken from the air. A bird's eye view presents nature in new and unexpected ways, and the most incredible shapes and colours are revealed – all manner of fantastical images in glaciers, rivers and lakes, mountains, deserts and shores. Photographer Sigurgeir Sigurjonsson has produced many books of photographs, some of which are amongst the most popular books of Icelandic nature photographs published in Iceland.



PAPERBACK
2010
23 x 23 cm
144 pp

SIGURGEIR SIGURJONSSON

Volcano Island

On average, volcanic eruptions occur in Iceland every four to five years, most of the time to little attention outside the country shores. In April 2010 the world took good notice of happenings in Iceland as the volcanic ash cloud from the eruption in Eyjafjallajökull wrecked havoc on air travel in Europe for days. This magnificent book shows the drama unfolding around Eyjafjallajökull, and the effects on the territory, as well as giving a general background of volcanism in Iceland.



Over 60.000 copies sold!

HARDBACK
22 x 26 cm, 160 pp
Available in:
English, French and German

SIGURGEIR SIGURJONSSON

Lost in Iceland

Tranquillity, silence ... qualities that are becoming increasingly rare in our frenetic 21st-century world, a world in which we live and work to a persistent soundtrack of manmade noise. In contrast, the sounds evoked by Sigurgeir Sigurjonsson's photographs are the eternal sounds of nature – the sighing of the wind, the lapping of waves, the hissing of steam and the unchanging roar of a waterfall.

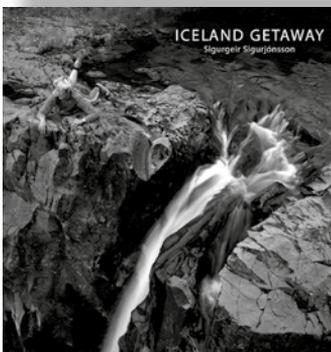


PAPERBACK

19 x 19 cm, 213 pp

Available in:

English, French and German



PAPERBACK

30 x 29 cm, 220 pp

Available in English



HARDBACK

19 x 19 cm, 160 pp

Available in:

English, French and German

SIGURGEIR SIGURJONSSON Made in Iceland

A treasure trove of wondrous photographs of the Icelandic landscape, of the forces of nature – and of ordinary people. This is nature photography at its finest. Sigurgeir Sigurjónsson demonstrates once more his ability to express the peace, quiet and solitude of the stark emptiness of the Icelandic landscape, and its brief glimpses of human life in harmony with nature.

SIGURGEIR SIGURJONSSON Iceland Getaway

Sigurjónsson's pictures and sensitivity to the awesome natural forces of the north, the splendour of the Icelandic highlands, and the magical power of waterfalls and hot springs have become part of Icelandic iconography.

SIGURGEIR SIGURJONSSON Icelandic Horses

A unique book of beautiful photographs that shows the Icelandic horse in nature, in winter, summer, spring and autumn. The pictures are both of herds and individual horses, while superb photos of Icelandic competition horses can also be found.



HARDBACK

2004

197 pp

Available in:

English, French, German and Icelandic

**SIGURGEIR SIGURJONSSON
UNNUR JOKULSDOTTIR**

Icelanders

Over a period of two years, photographer Sigurgeir Sigurjonsson and author Unnur Jokulsdottir travelled the length and breadth of Iceland and visited people from all over the country. The result of their journey is the book *Icelanders*, which contains haunting photos of people and nature, amusing dialogue, and lyrical narrative spiced with gentle humour. Small-boat fishermen, jacks-of-all-trades, tourist farmers, fox hunters, rock collectors, hired women, and children of nature are among the people we meet – people who want to live their lives according to their own designs, in the environment they know best.

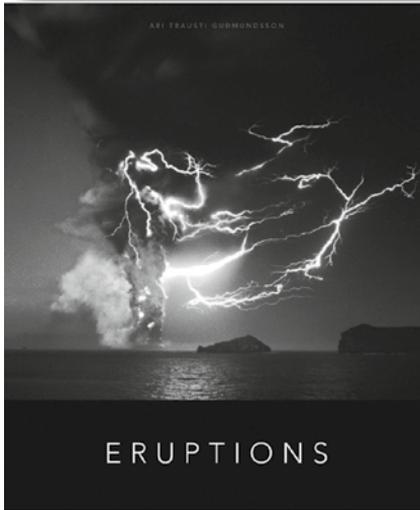
- *Nominated for the Icelandic Literary Award in non-fiction in 2004*



UNNUR JOKULSDOTTIR has worked in various fields, including horse-training, hotel management, business management, and writing. After sailing around the world, she chronicled her travels and has since then written several travel books and a novel for children.



ARI TRAUSTI GUDMUNDSSON is a geophysicist and one of Iceland's foremost experts on volcanic activity and volcanoes. He is the author of some twenty books on geology, travelling, and nature, including a comprehensive study of all the volcanic areas in Iceland.



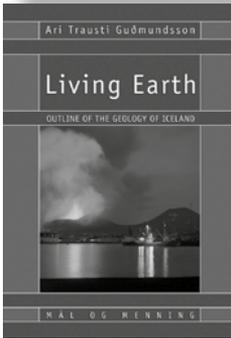
HARDBACK
2011
Revised edition
29 x 23 cm, 312 pp
229 color/b&w photographs
7 illustrations

ARI TRAUSTI GUDMUNDSSON

Eruptions

Revised edition

This beautiful book contains photographs of all the volcanic eruptions that Icelandic photographers have managed to capture over the course of the 20th century, with some truly phenomenal sights, including some world famous historical moments such as the Surtsey eruption which created a new island between 1963–1967 and the eruption on the island of Heimaey in 1973, which formed a new volcano on the outskirts of a town of 5,000 inhabitants.



PAPERBACK
W/PLASTIC JACKET
2007
48 pp
Available in: English and German

ARI TRAUSTI GUDMUNDSSON
Living Earth
The Geology of Iceland

One of Iceland's most distinguished writers of popular geological and nature books has compiled international research into Icelandic geology, providing the reader with an overview of the pooled findings, which are explained in a clear and accessible style. An incredibly useful and readable handbook that will satisfy even the most scientific readers.



PAPERBACK
W/PLASTIC JACKET
2004
334 pp
Rights available
Sold to: UK (Cicerone)

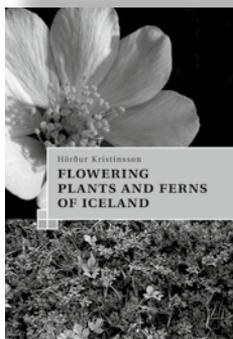
ARI TRAUSTI GUDMUNDSSON
PETUR THORLEIFSSON
Icelandic Mountains
Walking Routes to 151 Summits

A wonderful book for trekkers and outdoor activity lovers. *Icelandic Mountains* contains walking routes to Iceland's major summits, which are indicated in a clear and entertaining way, with detailed maps of mountains and their surroundings areas, and precious information for travellers on the length of each walk, the level of difficulty involved and its duration.



PAPERBACK
W/PLASTIC JACKET
2011
240 pp
Rights available

Other available books in this series:
The Icelandic Stones Handbook
The Key to Icelandic Geology
21 x 14,5 cm



PAPERBACK
W/PLASTIC JACKET
2010
368 pp
Published in Icelandic, German and English
Rights available

ARNBJORG L. JOHANNSDOTTIR

Medicinal Plants of Iceland

This book is a guide to the healing power of native plants and herbs in Iceland, with detailed information on their healing properties, applications, dosages and traditional uses. The book also includes directions on how to gather and prepare wild medicinal plants, and the reader taught how to make preparations such as herbal teas, poultices and salves. 125 pp

ARNBJORG LINDA JOHANNSDOTTIR studied herbal medicine and later Chinese medicine and acupuncture in England. She has worked extensively as a herbalist and acupuncturist both in Iceland and abroad.

HORDUR KRISTINSSON

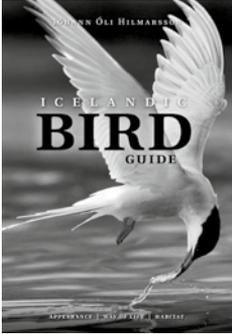
Flowering Plants and Ferns of Iceland

Flowering Plants and Ferns of Iceland, one of the most popular guides to Icelandic flora, has now been extensively revised and improved. Inside you'll find 465 different species of plants, some of which are new to Iceland or have been naturalized in recent decades.

HORDUR KRISTINSSON is a Dr. rer.nat. in botany and has been studying and photographing the flora of Iceland for almost fifty years.



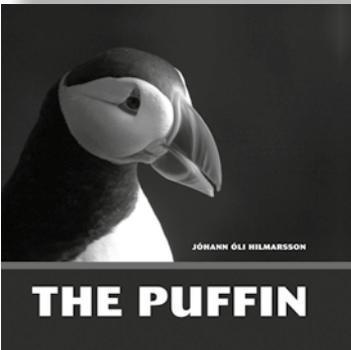
JOHANN OLI HILMARSSON is a leading authority on the birds of Iceland and one of the country's most experienced bird photographers. He has written numerous articles on birds in books, magazines and newspapers. He is also president of BirdLife Iceland.



PAPERBACK W/PLASTIC JACKET
2011
341 pp
Published in:
Icelandic, German and English

JOHANN OLI HILMARSSON Icelandic Bird Guide

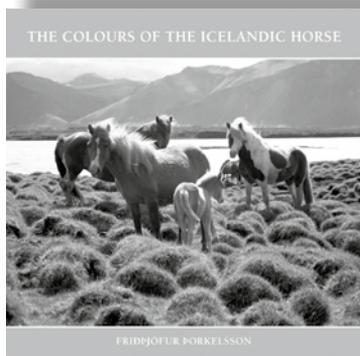
This new edition of the popular *Icelandic Bird Guide* has been completely revised and expanded. It covers all Icelandic breeding birds and regular visitors in detail and also describes numerous annual vagrants – more than 160 species in total. More than 700 stunning photos, breeding range and winter distribution maps, diagrams showing information on breeding and migration, photographs of eggs shown actual size, an indispensable aid to birdwatching in Iceland.



HARDBACK
2008
125 pp
Available in English

JOHANN OLI HILMARSSON The Puffin

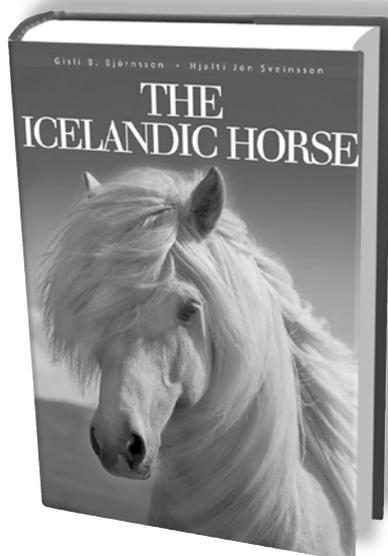
This delightful book explores the life of the Puffin in words and pictures, and provides details of Iceland's best puffin-watching locations. With unique photographs that show aspects of puffin behaviour which have not been photographed before.

**HARDBACK****22 x 24 cm, 170 pp****Available in:****English and German**

FRIDTHJOFUR THORKEIÐSSON

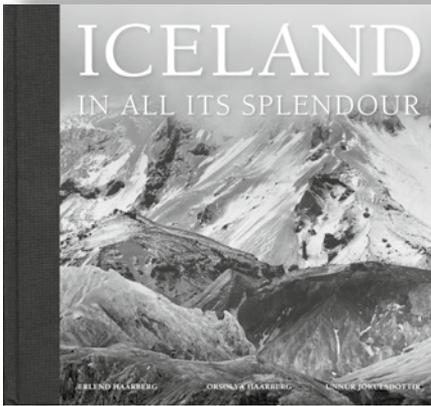
The Colours of the Icelandic Horse

This is the first book of its kind to show the full range of possible colours to be found in the Icelandic horse. The book monitors the same foals from the moment of their birth to when they have acquired their definitive colour, and the changes in colour are shown, step by step.

**HARDBACK****24 x 34 cm, 415 pp****Available in:****English and German**GISLI B. BJÖRNSSON
H. SVEINSSON

The Icelandic Horse

This magnificent book is the largest and most comprehensive book about Icelandic horses ever published. It contains information about almost everything that has to do with Icelandic horses. Also, there are chapters about how they are doing outside of Iceland, including competitions and shows. Finally, the book features a long chapter about breeding.

**HARDBACK****2012****160 pp.****Available in English and German.****22,5 x 24,5 cm**

ERLEND HAARBERG
ORSOLYA HAARBERG
UNNUR JOKULSDOTTIR

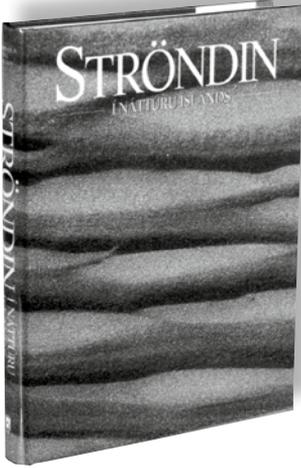
Iceland in all its splendour

Iceland is a land of contrasts in many senses: light and darkness, ice and fire; the stillness of the empty wilderness counterposed against the wild surf pounding on the shore; while in the barren vastness of the interior scattered pockets of vegetation and flowers flourish in sheltered sanctuaries. The inhabitants of the island take these stark contrasts for granted, while visitors are astonished by the rich variety of Icelandic nature.

Photographers ERLEND and ORSOLYA HAARBERG fell in love with Iceland, and especially with the contrasts they perceived wherever they looked. They visited Iceland in both summer and winter, striving to travel off the beaten tourist track. And they have the patience and resourcefulness to capture images of unforgettable and extraordinary moments. The couple have won many international awards for their nature photography. Icelandic writer Unnur Jokulsdottir contributes a text to complement these unforgettable photographs: informative and accessible, exploring Iceland's nature, geology, wildlife and geological history.



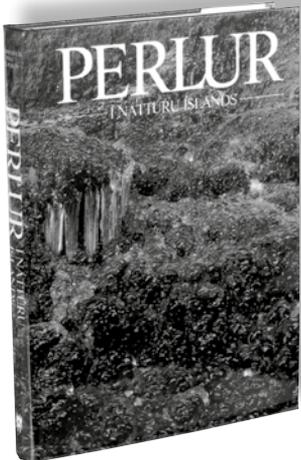
GUDMUNDUR PALL OLAFSSON was a doctor of marine biology from Stockholm. He also had a degree in art from Columbus College of Art and Design, Ohio. He worked as a teacher, a writer, naturalist, nature photographer, active conservationist, columnist and lecturer in Iceland, and sometimes abroad.



HARDBACK
1995
24 x 33 cm, 460 pp
Available in English

GUDMUNDUR PALL OLAFSSON The Coast of Iceland

This all-round reference work opens up the world of the coast, its nature, its culture, its magic, describing the formation and endless evolution of the land; the influence of the sun, the moon and the weather on life on the shore; the mechanisms of tides and complex oceanic currents; and littoral life-forms, large and small. With stunning photographs showing both of the ocean depths and the flora and fauna of the coast.

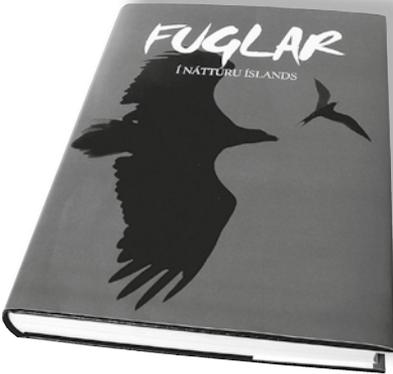


HARDBACK
1990
24 x 33 cm, 419 pp
Available in English

GUDMUNDUR PALL OLAFSSON Iceland – the Enchanted

A comprehensive description of the extraordinary variety and magic of the Icelandic landscape, from chilling ice to fiery glory of the skies, from treacherous glacial melt water rivers to tiny meadow flowers, the unique and the everyday, even places of fond memories, or fearful ones.

The most comprehensive work ever published on the treasures of Icelandic nature. Entertainingly and informatively written, the books in this series are lavishly illustrated with stunning colour photographs and present the wonders of Iceland from all conceivable angles.



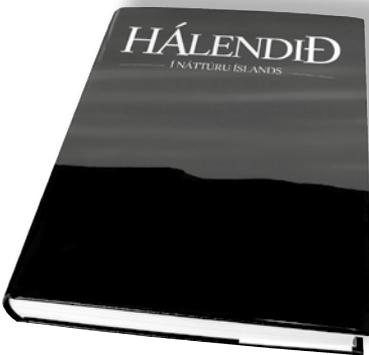
HARDBACK
2005
24 x 33 cm, 383 pp

GUDMUNDUR PALL OLAFSSON

Birds of Iceland

This outstanding book introduces the reader into the enchanting world of Icelandic birds, with descriptions of their behaviour patterns and way of life and flight, feeding habits, breeding and preferred habitats. The book enumerates each species of Icelandic breeding birds, in text and photographs, including references to folklore and fiction.

- *Nominated for the Icelandic Literary Award in non-fiction in 2005*

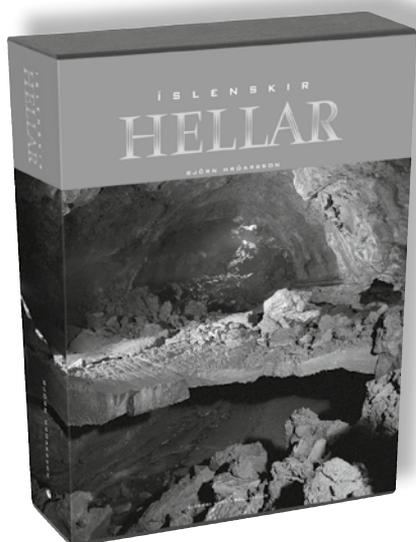


HARDBACK
2000
24 x 33 cm, 439 pp

GUDMUNDUR PALL OLAFSSON

The Icelandic Highlands

The mountainous centre of the island, with its rocky deserts, jagged mountain peaks, ice caps, volcanoes, hidden valleys and hot springs, is an awe-inspiring and untouched wilderness. This magnificent book presents the Icelandic highlands in all their splendour.



HARDBACK
2 VOLUMES IN A CASE
2006
33 x 25,5 cm, 672 pp
950 photographs

BJORN HROARSSON

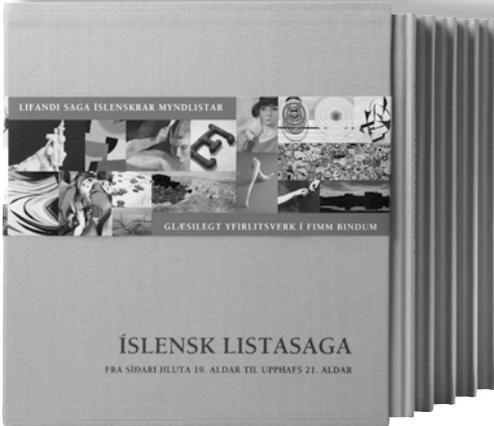
Icelandic Caves

A vast portion of the volcanic island of Iceland is made up of lava fields. Until quite recently, however, very few people realized that there are over five hundred caves concealed below the lava, which jointly can be hundreds of kilometres in length. For the first time ever, the wonderful cosmos of these underground worlds is revealed in spectacular photographs, maps and detailed accounts, based on the most up-to date research. The book gathers the experiences of the daring explorers who have discovered these subterranean crypts over the past few years. Over a thousand photographs of stunning geological formations by some 40 photographers unseal worlds of breathtaking beauty that have never been beheld by human eyes before. This is a book about some of the few unexplored areas left on this planet, pooling the findings of many cave experts and specialists in various fields. Follow them on secret adventurous trails that so few have followed before.

- *Nominated for the Icelandic Literary Award in non-fiction in 2006*



BJORN HROARSSON is a geologist and cave expert, who has been researching lava caves for over a quarter of a century.



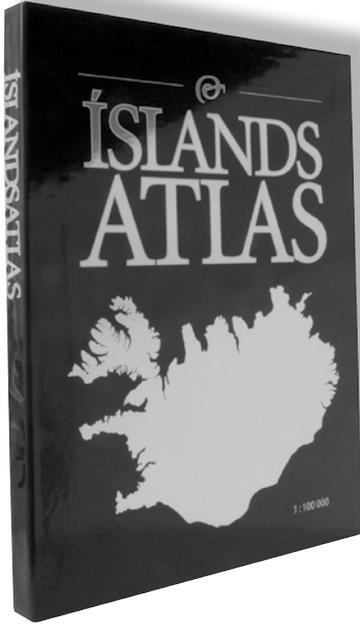
Published in cooperation with
the National Gallery of Iceland

HARDBACK
5 VOLUMES IN A CASE
2011
25 x 26 cm
1400 pp



History of Icelandic Art

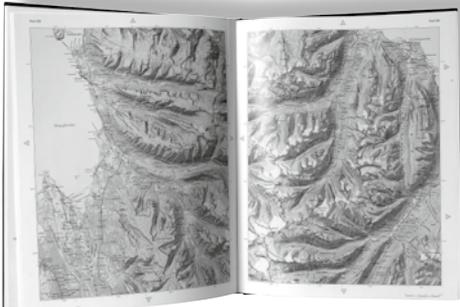
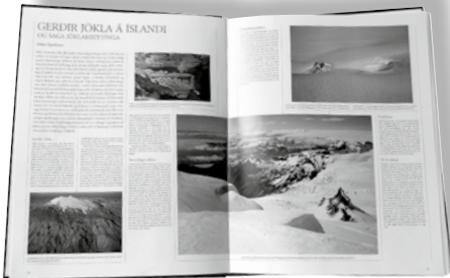
History of Icelandic Art is a lavish overview in five volumes covering the period from the middle of the 19th century until the beginning of the 21st century. Fourteen writers discuss Icelandic visual arts from a historical and ideological perspective, and its 1400 pages include more than one thousand colour photographs of works by Icelandic visual artists. The first volume draws on the era of pioneers from the latter half of the 19th century until around 1930, characterised by romantic naturalism and symbolism. Volume Two focuses on the turning point in 1930-45 when a new generation of artists, influenced by radical attitudes in European visual arts, emerged in Iceland. Volume Three, covering the era between 1945 to 1960, deals with abstract art. New surrealism, pop art and new dadaism in 1960-1980 are the subjects of Volume Four and the fifth and final volume covers the new painting, performance art, video art and the revival of conceptual art emerging from 1980 until and beyond the millennium.



HARDBACK CASED EDITION
47 x 36 cm, 208 pp

Icelandic Atlas

The Icelandic Atlas is the most extensive atlas of Iceland ever published, and marks a turning point in Icelandic cartographic history. The entire country, from the highest peaks to the outermost headlands and islands, is depicted on 132 magnificent maps in the scale of 1:100 000. The maps are highly detailed, including over 43.000 place-names, along with an introduction on the history of Icelandic mapmaking and on the country's nature. Using the ArcGIS geographic information system from ESRI, the surface of the country could be reproduced with extraordinary accuracy, so that the height of mountains, the depth of valleys, and the endless expanses of the wilderness are perceived as if one were flying over the landscape. The Icelandic Atlas is a unique reference work on the geography of Iceland, which has been warmly welcomed by the people of Iceland. The Icelandic Atlas won three awards at the ESRI Conference in San Diego in 2006, the world's largest geographic information conference, with more that 1000 companies competing in 10 categories, where the Icelandic Atlas had the honour of being chosen absolute favourite.





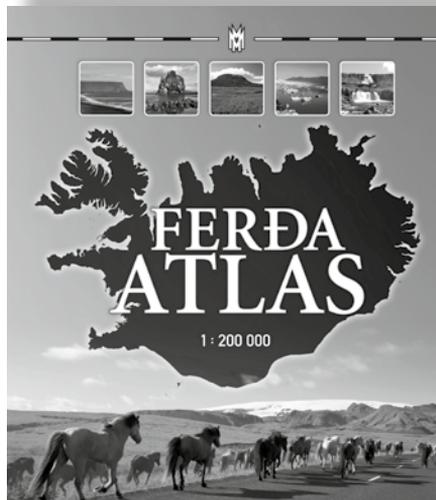
Hiking maps

The Hiking maps are produced for those who travel in Iceland's most popular natural regions. The maps focus on enjoyable driving and walking routes, and include a variety of information, including many place-names. On the reverse of the maps are descriptions of the main natural attractions of the regions, together with more precise maps of individual walking routes, etc.

Ten maps in this series have now been published:

- Map 1: Reykjanes – Thingvellir 1:100 000 / 1:50 000
- Map 2: Gullfoss – Geysir – Hekla 1:100 000 / 1:50 000
- Map 3: Kjolur – Langjokull 1:100 000 / 1:50 000
- Map 4: Landmannalaugar – Þorsmork – Fjallabak 1:100 000 / 1:50 000
- Map 5: Skaftafell 1:100 000 / 1:50 000
- Map 6: Lonsoraefi – Snafell 1:100 000 / 1:50 000
- Map 7: Askja – Herdubreid – Kverkfjoll 1:100 000 / 1:50 000
- Map 8: Akureyri – Myvatn – Dettifoss 1:120 000 / 1:50 000
- Map 9: Hornstrandir 1:100 000 / 1:55 000
- Map 10: Snaefellsnes 1:100 000 / 1:55 000

Touring Atlas



PaperBACK WITH SPIRAL BINDING

Size 28 x 24 cm,

208 pp.

**Available in English and German
from the beginning of May 2013.**

Touring Atlas is an atlas for tourists, containing 78 new maps of Iceland in the scale of 1:200 000, together with maps of urban areas, and information on swimming pools, camping sites, museums, and golf courses. The latest additions to the new edition of the Touring Atlas are descriptions of natural phenomena and historic places, drawings of birds, plants, and shells.

THE FORLAGID RIGHTS AGENCY

represents authors and titles in the field of literary fiction, crime fiction, classics, narrative non-fiction, non-fiction and children's books from the following imprints: Forlagid, Idunn, JPV, Mál og menning and Vaka Helgafell, as well as from the Forlagid cartography division. Being part of Iceland's largest publishing house means that we have something to offer to everyone; quality fiction and non fiction to publishers and production companies world-wide and a great expertise in handling translation rights to our authors, many of who are amongst the most successful and critically acclaimed writers in Iceland. Forlagid Rights Agency sells rights world-wide, directly and through sub-agents.