

Please note that a fund for the promotion of Icelandic literature operates under the auspices of the Icelandic Ministry of Education and Culture and subsidizes translations of literature.

For further information please write to:

***Icelandic Literature Center
Hverfisgata 54 | 101 Reykjavik
Iceland***

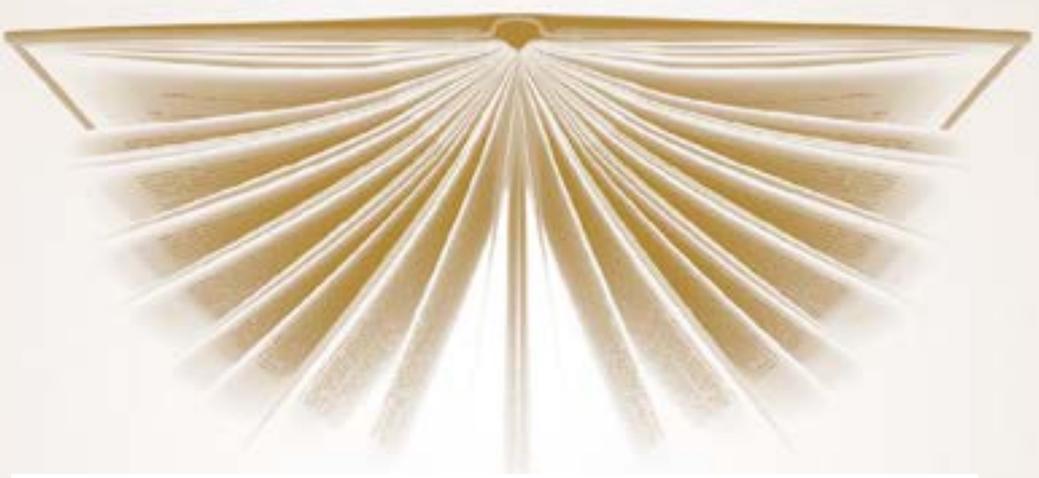
Phone +354 552 8500

islit@islit.is | www.islit.is

Forlagid Rights Agency



*non-
fiction*



UA MATTHIASDOTTIR

ua@forlagid.is

VALGERDUR BENEDIKTSDDOTTIR

vala@forlagid.is



non- fiction

CURRENT AFFAIRS

NARRATIVE NON FICTION

MEMOIRS

BIOGRAPHIES

HISTORY

LIFESTYLE

PARENTING

COOKERY

CRAFTS

BOOKS ON ICELAND

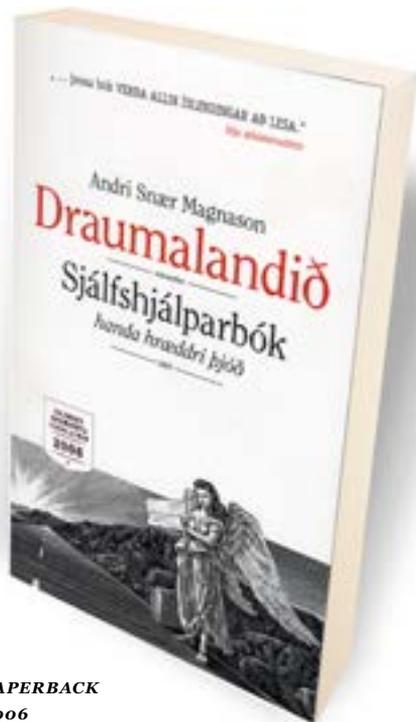
LARGE FORMAT ILLUSTRATED BOOKS

MAPS



FORLAGIÐ

rights-agency



PAPERBACK

2006

304 pp

English translation available

Sold to:

UK (Citizen Press); Japan (NKH Publishing);

Denmark (Tiderne Skifter); Sweden (Natur

& Kultur); Germany/Austria/Switzerland

(Orange Press); Spain/South America (Editorial Aire)

ANDRI SNAER MAGNASON

Dreamland: Self-Help for a Frightened Nation

Dreamland is a wake-up call, a devastating polemic that puts environmental issues into global perspective.

Dreamland is an influential book about the most burning issues of our times, written with knowledge and a rare passion that will move any reader.

Dreamland immediately became a best seller on publication in Iceland and has already attracted worldwide attention due to its radical style, in the vein of Naomi Klein, Malcolm Gladwell and Jared Diamond, as well as critical acclaim from the Icelandic media.

Revised edition with an introduction by Björk and a new chapter on the bank crisis in Iceland.

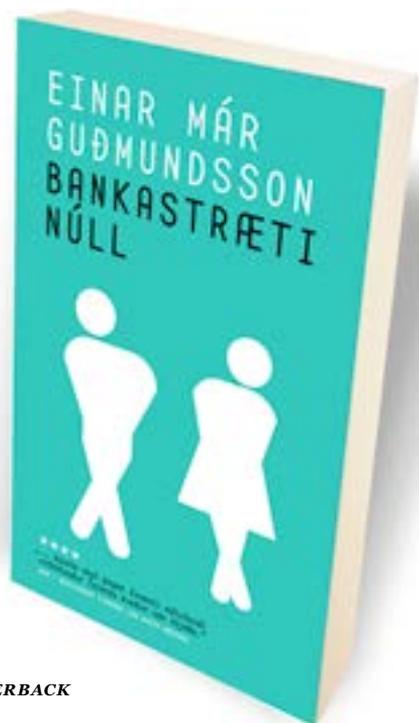
Dreamland has been made into a movie.

- *The Icelandic Literary Prize*
- *The Icelandic Bookseller's Prize*
- *The Kairos Prize – a European cultural prize awarded by the Alfred Toepfer Stiftung*



ANDRI SNAER MAGNASON (b.1973) has won the Icelandic Literary Prize for both fiction and non-fiction. His work has been published or performed in over twenty countries and received numerous international awards, amongst them the Janusz Korczak Honorary Award, the West Nordic Children's Book Prize and the Kairos Prize awarded by the Alfred Toepfer Foundation to outstanding individuals. Magnason has been active in the fight against the destruction of the Icelandic Highlands.

andrimagnason.com



PAPERBACK

2011

185 pp

Available in Danish and Norwegian translations, and chapters in English Rights available

- *Guðmundsson received the Bjørnson Prize in Norway for his oeuvre and social vision.*
- *In Denmark he received an award from the memorial fund dedicated to Danish writer and radical Carl Scharnberg.*
- *In 2012 Einar Mar Guðmundsson received the Swedish Academy's Nordic Prize, dubbed "the little Nobel", for his contribution to literature.*



EINAR MÁR GUÐMUNDSSON (b.1954) is a novelist, short-story writer, and poet, one of the most widely translated Icelandic authors born in the post-war period. A storyteller with a lyrical perceptive and humorous style, his work charts the growth of urban culture in the capital and the larger-than-life characters that it spawns.

EINAR MÁR GUÐMUNDSSON

Zero, Bank Street

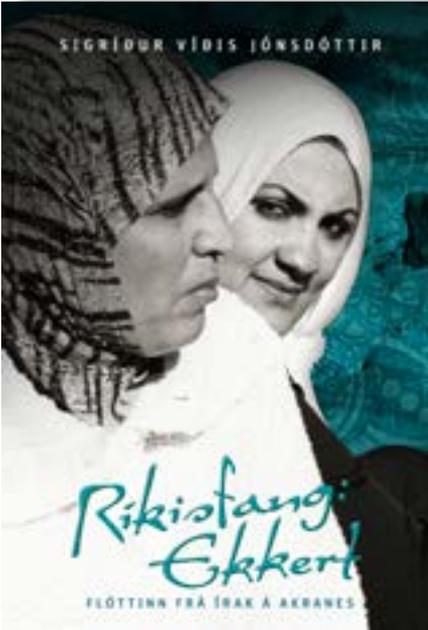
In *Zero, Bank Street*, Guðmundsson deals with the trinity of book knowledge, work knowledge and ethical knowledge; how this trinity has been broken up, the enormous power of the financial world, entertainment and thrillers, volcanoes, banks, and revolutions. Can culture be bought with money? He discusses the Report of the Special Investigation Commission into the collapse of the banks, comedians and cake baking, poverty and riches, justice and injustice; all of this is put forward through stories in which reality beats fiction by a mile. The guiding lights of the author this time are the Icelandic-American writer and philanthropist Bill Holm, the revolutionary writers Thorbergur Thordarson and Guðbergur Bergsson, and the immortal Beatles, featuring John Lennon along with his childhood friend, David Ashton. What happened in Bioletti's barber shop by Penny Lane in Liverpool, and why is *Zero, Bank Street* located next to the Icelandic ministry offices?

*“The book has so many levels.
It is powerful and lyrical
at the same time.”*

RADIO 2, NATIONAL BROADCASTING SERVICE

“A remarkable book and well written.”

SILFUR EGILS STATE TELEVISION



HARDCOVER

2011

380 pp

Rights available

Chapters in English available



SIGRIDUR VIDIS JONSDOTTIR (b.1979) was born in Akranes. She later moved to Reykjavik, where she took a BA degree in philosophy, with anthropology as a supplementary. She then went on to complete an MA in Conflict and International Development at the University of East Anglia in Britain. As of 2000 Jonsdottir has written news analysis, interviews, columns and travelogues. *State: None* is her first book.

SIGRIDUR VIDIS JONSDOTTIR

State: None

Escape from Iraq to Iceland

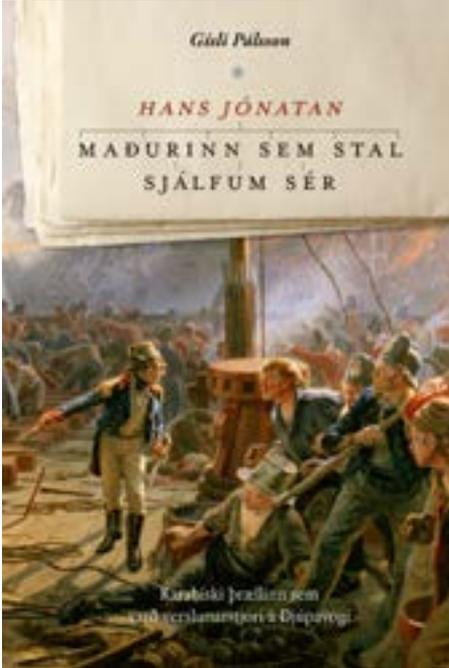
“It’s nearly fifty degrees in the refugee camp and that is how it is expected to stay for some weeks to come. Baghdad was hot as well, but the stench was not as great as here. There she lived in a house which had a roof and walls and was able to seek sanctuary inside. There are no walls here. The heat in the tents is unbearable.”

In the autumn of 2008 eight families fled the terrible conditions in the Al Waleed refugee camp and were given shelter in Iceland. They were all single mothers of Palestinian origin with children, who had lived in Iraq all their lives. What was it that drove them to escape? *State: None* is a unique account of the political conflicts of recent decades in the Middle East and the people living and breathing in their shadow.

- *The Hagthenkir Non-Fiction Prize 2011*

GISLI PALSSON

The Man Who Stole Himself

**HARDCOVER****2014****267 pp****Sold to: World English (University of Chicago Press)**

In the year 1802, through the workings of fate, a young black man, slave and war hero from the Virgin Islands, a Danish colony in the Caribbean, settled in a small village in a remote fjord on the east coast of Iceland, married and became a merchant and a farmer. Why did he travel to Iceland? How did the Icelanders respond to him? And how did he respond to them?

The Man Who Stole Himself charts the true story of the strange and eventful life of Hans Jonathan, shedding a light on colonialism, imperial dreams, slavery, abuse and commerce, rebellion and desire of freedom. It extends itself over the oceans, from West Africa to the Virgin Islands to Denmark and Iceland. The story is relevant to modern readers – the issues of human rights, immigrants and dealings with people who are “different” are subject to debate today.



GISLI PALSSON (Ph.D., University of Manchester, 1982), is Professor of Anthropology at the University of Iceland and Visiting Professor at King’s College, London. He has received a number of Icelandic and international honors for his academic work, for instance, he was recently elected Honorary Fellow of the Royal Anthropological Institute of Great Britain and Ireland. In 2000 he received the Rosenstiel Award for research from the University of Miami. Pálsson has served on various international boards and committees, including the European Science Foundation. He has written over 120 articles in scientific journals and edited books and has published, edited, or co-edited more than 20 books.



HARDCOVER

2013

229 pp

Rights available

Chapters in English available

SIGRUN PALSDOTTIR

Uncertain Seas

In the autumn of 1940 an Icelandic couple, doctors Fridgeir Olafsson and Sigrun Briem, set off to the United States for specialized studies. After four years there and in Canada they returned to Iceland, he now with a Ph.D from Harvard University and she having completed her internship working in children's hospitals. But they brought back with them something bigger; their stay in America had been like an adventure and had satisfied their great ambitions, but what had changed everything and moulded them more than any other experience on this long journey was the birth and raising of three children. Sigrun and Fridgeir are truly symbols of the bright hopes of Icelandic medical science, when they board the Godafoss on her ill-fated last voyage in autumn of 1944, but they are also parents convinced of their most important role in the near future.



SIGRUN PALSDOTTIR (b.1967) completed a Ph.D in the History of Ideas at Oxford University in 2001, after which she was a research fellow and lecturer at the University of Iceland; since 2007 she has worked free-lance. Palsdottir is editor of *Saga*, the principal peer-reviewed journal for Icelandic history and her book *Thora, the Bishop's Daughter, and Tribulations of the Icelandic Elite* was published by JPV in 2010.

“This is the story of a woman who, at one time, was one of America’s most effective impostors: a person who enthralled great numbers of people with her fabrications. ... a multilayered text that gradually builds a cogent picture of the life experience of an unusual woman and the society in which she lived and functioned.”

MORGUNBLADID NEWSPAPER



HARDCOVER

2004

275 pp

English translation available

Sold to:

USA (University of Michigan Press)



INGA DORA BJORNSDOTTIR studied anthropology at Lund University in Sweden and at New York University before earning her doctoral degree from the University of California at Santa Barbara. She has taught anthropology at the University of California, as well as at the University of Iceland. Dr. Björnsdóttir is the author of several biographies, as well as the co-author of books and documentaries.

INGA DORA BJORNSDOTTIR

Olof the Eskimo Lady

A Biography of an Icelandic Dwarf in America

A dwarf girl, Olof Solvadottir, was born in Iceland in 1858. She moved to the Western World at the age of 19, following the tracks of an American travelling circus, but then transformed herself into an Inuit Eskimo and started to deliver lectures about Greenland and her life there. As an Eskimo, Olof acquired fame and recognition with her concocted biography, travelled widely across America, and managed to con the world for more than two decades and deliver some 2,500 lectures without raising any suspicions.

- *Nominated for the Icelandic Literary Prize for Non-Fiction 2004*

“An ambitious and interesting book about a sensitive and serious blight on society. Ottar Gudmundsson is our foremost specialist on the darkest secrets of the mind and succeeds in presenting this upsetting subject matter in an accessible and interesting way.”

JON GNARR, FORMER MAYOR OF REYKJAVIK

“This combats prejudice, and also hopefully increases the chances of more people being saved from this fate.”

SIGURDUR GUDMUNDSSON,
FORMER DIRECTOR GENERAL OF PUBLIC
HEALTH

OTTAR GUDMUNDSSON

Do I Have to Die If I Don't Want to Live?



SOFTCOVER

2014

189 pp

13 x 20 cm

In Iceland many people take their own lives every year. Every suicide is a tragedy which usually has a long series of events leading up to it; no death is so hard for the survivors to bear. A myriad of questions left unanswered, anger, helplessness, denial and depression typify the long and difficult grieving process.

Dr Ottar Gudmundsson tells the story of suicide, explaining the emotions and problems of those who take their own lives or attempt to, as well as relating many accounts of events and the circumstances of the people and their relatives. *Do I Have to Die If I Don't Want to Live?* is an unusual book in which suicide is examined through the eyes of a psychiatrist with extensive knowledge in this field. A forthright and honest discussion about difficult and sensitive issues.

“One of the most stimulating texts I have read this winter ...

This is an amazingly entertaining book.”

KILJAN, NATIONAL TV



SOFTCOVER
2012
94 pp
21 x 24 cm



DR OTTAR GUÐMUNDSSON (b.1948) matriculated from the Medical Faculty of the University of Iceland in 1975 and went on to do postgraduate studies in Sweden, completing a specialist degree in pharmacotherapy in 1984 and submitting a doctoral thesis the same year. He has specialised in psychiatry since 1992. For the last two years he has been studying history and German in Germany. He is currently attached to the psychiatric ward at Kleppsspítali Hospital.

OTTAR GUÐMUNDSSON

Heroes and Emotional Distress – Mental Disease and Personality Disorders in the Icelandic Sagas

Ottar Guðmundsson does not believe in taking easy options. He has previously turned his eye to sex, alcohol, death and the history of psychiatry. In the bestseller *Heroes and Emotional Distress: Mental Disease and Personality Disorders in the Icelandic Sagas*, he takes on the jewel of Icelandic literature and applies his professional expertise to unconventional effect. Can we identify the kinds of mental problems the great heroes of Old Icelandic literature had to contend with? How did the clinical aspects of their personalities affect the events of *Njal's Saga*? How does a modern psychiatrist view the eternal triangle between Gudrun, Kjartan and Bolli in *Laxdaela Saga*? These and many questions like them are raised and answers sought in a book unlike any other in Icelandic saga research.



HARDCOVER

2013

288 pp

Chapters in English available

Sold to:

Denmark (Turbine)

“A remarkable and inspiring story, authentic and sincere.”

SANDI TOKSVIG

JONINA LEOSDOTTIR

Johanna and I

Johanna Sigurdardottir and Jonína Leosdóttir were both married when they first met in 1983, and neither had ever been involved with a woman. A fateful political tour in 1985 would mark the beginning of their tumultuous relationship, which for years was kept under wraps, Icelandic society being considerably homophobic at the time.

But love finally conquered all. After a long and often difficult journey, Sigurdardottir and Leosdóttir moved in together in 2000 and ten years later they updated their civil union to a legal marriage. By then, Sigurdardottir had become the Prime Minister of Iceland, making the two women the world’s first same-sex prime ministerial couple – provoking interest around the world.

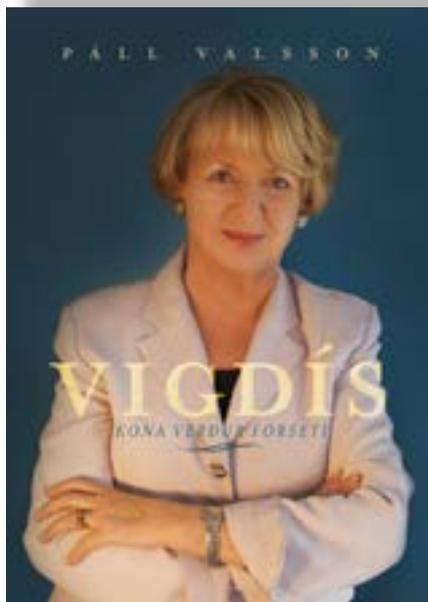
Leosdóttir and Sigurdardottir have always been adamant about keeping their private lives to themselves – but now they think the time has come to reveal this unusual and touching love story.



JONINA LEOSDOTTIR (b.1954) has a degree in Literature from the University of Iceland. She is a novelist, playwright and former journalist and the author of a dozen plays, seven novels, two biographies and numerous articles. She is married to the former Icelandic Prime Minister Johanna Sigurdardottir.

“... a great, magnificent, and remarkable book.”

EGILL'S SILVER, NATIONAL TV



HARDCOVER

2009

472 pp

Sold to:

Germany/Austria/Switzerland (Orlanda)

Chapters in English available

PALL VALSSON

Vigdís – The Woman Who Became President

Vigdís – The Woman Who Became President recounts the story of this woman who not only charmed her own countrymen as president, but also much of the world, thanks to her charisma, warm attitude and intelligence. In 1980 Vigdís Finnbogadóttir was sworn in as Iceland's fourth president, becoming the world's first elected female head of state. What did this entail and what sacrifices had to be made? This comprehensive portrait of the person Vigdís Finnbogadóttir, covers every shade from sorrow to victory, so that by the end of the book, the reader is left with an intimate and lasting impression of her.

- *Icelandic Booksellers' Prize best biography, 2009*

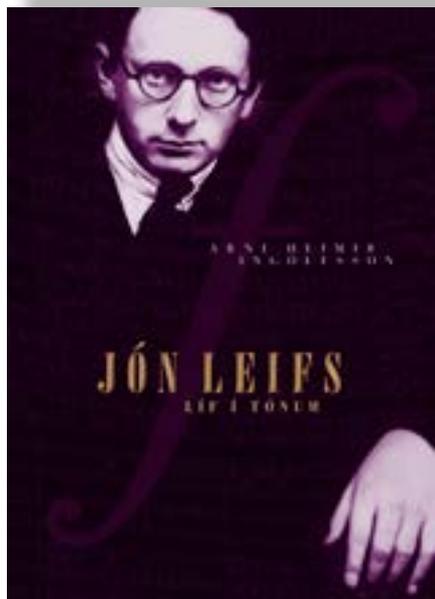


PALL VALSSON has a Masters Degree in Icelandic Literature from the University of Iceland. He was the chief editor and director of the Edda Publishing House and Mal og menning. Pall received the 1999 Icelandic Literary Prize in the Non-Fiction for his biography of the Icelandic poet Jonas Hallgrímsson.



“A deserving memorial to an unusual and difficult artist.”

FRETTABLADID DAILY



HARDCOVER

2009

471 pp

Rights available

ARNI HEIMIR INGOLFSSON

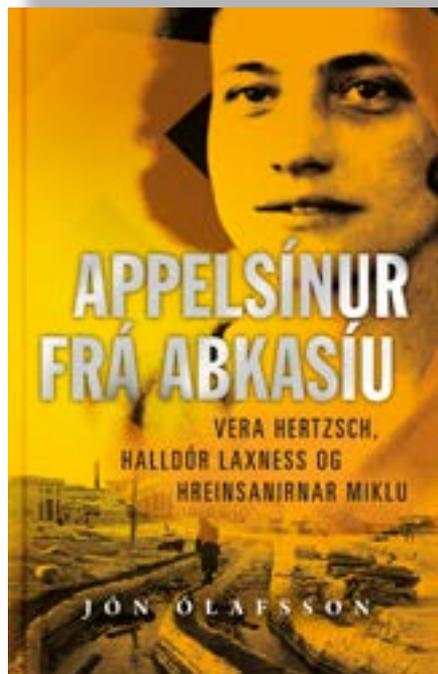
Jon Leifs

Jon Leifs (1899–1968) was one of the most significant and unusual Icelandic artists of the twentieth century.

In the middle of World War I, he sailed to Germany, determined to dedicate himself to music, without the slightest inkling, however, of what that entailed. Like Halldor Laxness he was overtaken by world events. Married a woman of Jewish origin and lived in Germany until 1944. This book recounts his story more bluntly than ever before. Arni Heimir Ingolfsson has left no stone unturned in his quest for sources on Jon Leifs' life, which reveals itself to be gripping and fraught with suspense.



ARNI HEIMIR INGOLFSSON holds a PhD degrees in Musicology from Harvard University and is the Programme Director of the Iceland Symphony Orchestra.



HARDCOVER

2012

Rights available

- *Hagthenkir Non-Fiction Prize 2012*
- *Nominated for the DV Cultural Prize for Literature 2012*
- *Nominated for the Icelandic Literary Prize for Non-Fiction 2012*

JON OLAFSSON

Oranges from Abkasia

Vera Hertzsch, Halldor Laxness, and the Great Purge

At the height of Stalin's purge in 1937-1938, Vera Hertzsch, who had immigrated to the Soviet Union from Germany a decade earlier, was arrested by Stalin's security police, the NKVD, along with her one-year-old, half-Icelandic daughter, Erla Solveig. Writer Halldor Laxness, who had been invited to dinner that night, witnessed the arrest.

A quarter of a century passed before Laxness would tell the story in a memoir published in 1963 while the fate of mother and child remained an unsolved mystery. Vera and her daughter had disappeared into a horrendous life in prison camps, sickness and disease, slavery and hunger. They never made it back and their relatives and friends received no information about them for decades.

This powerful and strange story has now been pieced together by Jon Olafsson in a thorough research of life in the Gulag during and after the Great Purge.



JON OLAFSSON (b.1964) worked for the Icelandic State Radio in Moscow when access was granted to Soviet archives after the collapse of the USSR. He has been a regular guest there ever since. He is author of books and articles dealing with Icelandic relations with Comintern and the Soviet Union. Olafsson has a doctorate in philosophy from Columbia University and is currently professor of philosophy and provost at Bifröst University.

**HARDCOVER**

2011

312 pp

Literary agent:

Licht & Burr

E-mail: tl@licht-burr.dk**Sold to:**

Germany/Austria/Switzerland (Steidl)

EDITORS:
HALLDOR GUDMUNDSSON
AND EINAR LAXNESS

A Poet in Love

– Letters to Inga 1927-1938

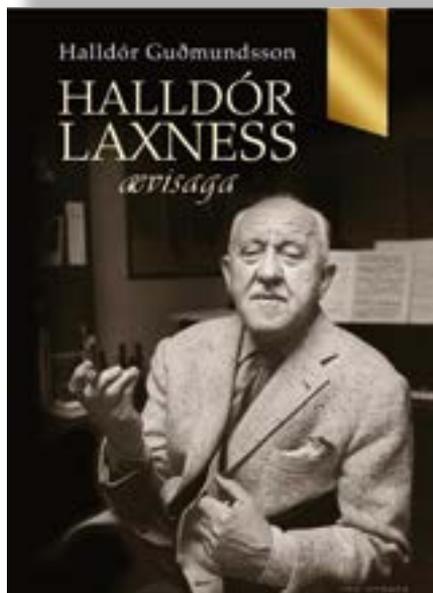
“Little girl – you can light my cigarette with your eyes!” These were the first words uttered by Halldor Laxness to Ingibjörg Einarsson at Thingvellir in the summer of 1924 – and the girl was bewitched by this eloquent writer. Little by little a romance blossomed, and when Laxness set off for America they were more or less engaged to be married.

While the letters depict the incredible ambition and diligence that drives Laxness, they show also his anxiety and worries, as well as chronicling the development of Halldor and Inga’s love, leading to their marriage on May 1st 1930, that would last for ten years.

During this time, which is also Laxness’ most prolific period as an author, he writes almost 180 letters to Ingibjörg which, as is typical for all romances, swing between mischief and sincerity, jealousy and desire, trust and half-truths. At the same time these letters provide a unique insight into the zeitgeist, society, and ideals of these optimistic years between two world wars.

“Stylistically admirable, exceptionally informative and will be the standard biography of Halldor Laxness.”

DIE WELT



HARDCOVER

2004

486 pp

Sold to:

UK/USA (MacLehose Press/Quercus);

Germany (Random House/btb);

Norway (Tiden); Denmark (Vandkun-

sten); Sweden (Leopard)

HALLDOR GUDMUNDSSON

The Islander, a Biography

Halldor Laxness was the most renowned Icelandic writer of the 20th century, having won the Nobel Prize for Literature in 1955. In his best works he is considered to have combined the spirit of classical literary forms such as the Icelandic sagas with qualities that are reminiscent of what was later called South American magical realism.

This major biography is narrated in a gripping, exciting, and consistently critical way, giving readers a grand description of a personality in which the manifold conflicts of the 20th century are mirrored.

- *The Icelandic Literary Prize for Non-Fiction*

2004

- *The Booksellers' Prize for Icelandic*

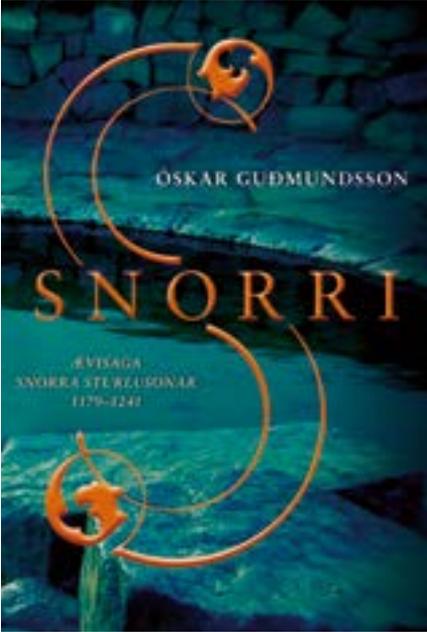
biography



HALLDOR GUDMUNDSSON studied literature at the University of Iceland and then at the University of Copenhagen. For 19 years he worked in publishing, for the longest time as the publisher for *Mal og menning*. At the same time he continued researching and writing about literature, with emphasis on the works of Halldor Laxness.

“... a real masterpiece ... the text is terse and sharp,
extremely readable and written with mature genius.”

DV NEWSPAPER



HARDCOVER

2009

350 pp

Rights available

Sold to:

Germany/Switzerland/Austria

(Böhlau Verlag)

OSKAR GUDMUNDSSON

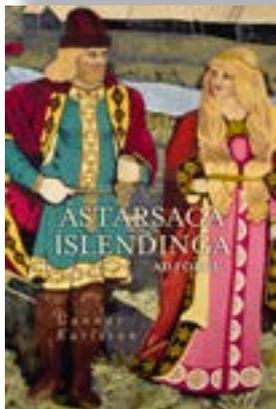
Snorri

Snorri Sturluson (1179–1241) left more of a mark on the history of Iceland and the culture of western Europe than perhaps any of his fellow countrymen. This biography paints a vivid portrait of an exceptionally talented individual who had to grapple with kings abroad, chieftains at home, his children, and his own weaknesses. But this man who struggled against the world more than eight centuries ago also conquered it through his literature.

The book lifts the veil of some of Iceland’s most intriguing historical figures and conjures up memorable images of cunning individuals and harrowing events.



OSKAR GUDMUNDSSON studied History, Literature and Social Sciences at the University of Reykjavik, in Bremen, Germany and Copenhagen during the seventies. He was editor in chief of the magazine *Studenta-bladið*, the weekly *Nordurland* and the news magazine *Thjodlif*. Oskar has worked as an independent academic and writer and has been involved in the publication of numerous books as editor and author.

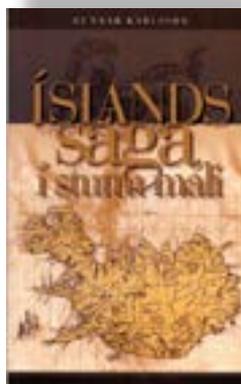


PAPERBACK

2013

382 pp

Rights available



PAPERBACK

2000

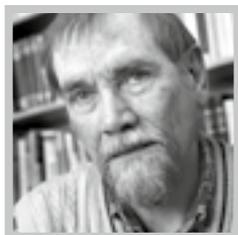
72 pp

Available in:

English, Swedish,
German and French

Sold to:

Japan (Waseda
Daigaku Shuppan)



GUNNAR KARLSSON is a historian and former professor of History at the University of Iceland. He has written a wealth of books, articles, studies, text books and introductions to Icelandic history.

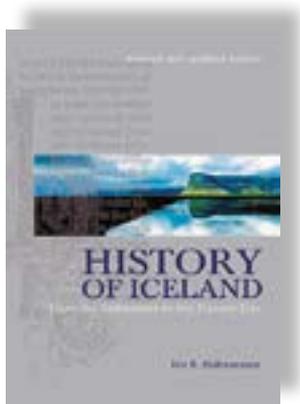
GUNNAR KARLSSON

The Story of Love in Iceland

The Story of Love in Iceland explores the conditions of love in the country from the 9th to the 14th century in a lively and accessible manner: the right of the population to love a chosen partner and the lack of that right, free love, feasts and weddings, women's right to refuse to marry a certain man, love in marriage, divorce, extramarital affairs, concubinage, illegitimate children and their limited rights, and homosexual love. The book is based on research of old poems, law books, Icelandic Sagas, contemporary sagas, and other documents, revealing that love had great influence on the lives of Icelanders in the far past. Contrary to most recent works in this field it proves to support essentialism; the view that human feelings are basically the same among people in different periods and different parts of the earth.

A Brief History of Iceland

A concise, clear and vivid overview of Icelandic history through these centuries, the main events, the people and their way of life, in times of glory and in times of degradation and natural disaster.

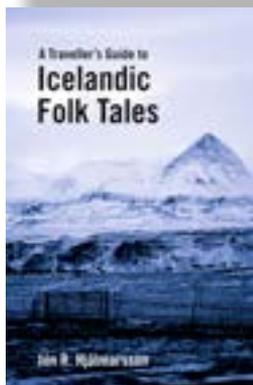


PAPERBACK

1994, 200 pp

**Available in English,
Danish and German**

**Sold to: Russia (Ves Mir);
Bulgaria (Riva)**



PAPERBACK

2011, 220 pp

**Available in English,
French and German**

JON R. HJALMARSSON

History of Iceland

A lively and absorbing description of the development of the Icelandic nation from the settlement more than eleven hundred years ago and up to the present day. In concise and highly informative accounts, written with the general reader in mind, the book charts the glories and achievements of the Republic and Saga Age; the bitter and bloody civil war which led to humiliation and suffering under colonial rule; and the nationalist awakening which has created a thriving modern republic with deep attachment to its unique past.

A Traveller's Guide to Icelandic Folk Tales

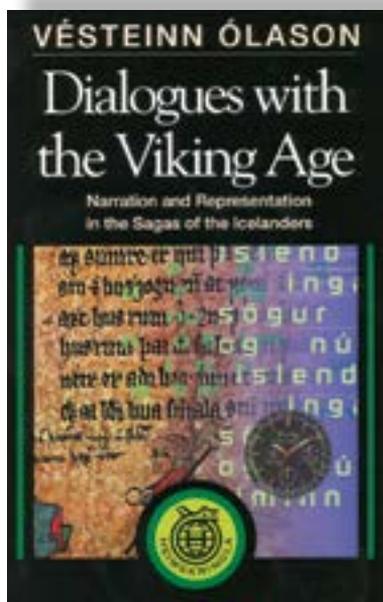
This is a collection of 60 local legends, designed to accompany the traveller on the road around Iceland. The scene is set for each story with a description of the surrounding landscape and a brief history of the region, as well as practical information about routes to the various locations. Trolls and elves, wizards, ghosts, mermen, and a host of other mysterious beings come to life in these pages to enliven the traveller's journey around Iceland.



JON R. HJALMARSSON is a historian and educator and served as a school principal and later as regional administrator of education in south Iceland for many years. He is well known as a broadcaster and as the author of several books on history and related subjects.

“An excellent work.”

SVENSKA DAGBLADET



HARDCOVER

1998

297 pp

Sold to:

Italy (Editoriale San Giusto srl

– Edizioni Parnaso);

Germany/Austria/Switzerland

(Ludwig Verlag)

English translation available

VESTEINN OLASON

Dialogues with the Viking Age

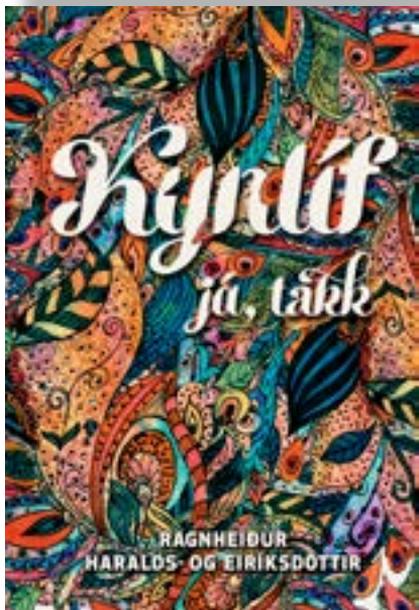
An introduction to and a critical discussion of the Sagas of the Icelanders or the Icelandic Family Sagas, as they are often called. The author presents the historical and literary background of the saga genre, analyses the narrative form and describes the world view expressed in the sagas. He sees the sagas as dialogues between the authors and their past, conversations between the Middle Ages and the Age of the Vikings. He joins in that conversation from a modern standpoint and leads the reader into the sagas step by step, gradually helping him to develop a deeper understanding both of individual works and of the genre as a whole.



VESTEINN OLASON has been professor of Icelandic literature at the University of Iceland, UC Berkley and the Universities of Copenhagen and Oslo as well as being the director of The Arni Magnusson Institute for Icelandic Studies. Olason has published numerous articles on Icelandic literature in Icelandic and foreign magazines as well as several books, amongst them Traditional Ballads of Iceland. He received the Icelandic Prize for Non-Fiction in 1993.

RAGNHEIDUR HARALDS-
OG EIRIKSDOTTIR

Sex in Iceland



PAPERBACK

2014

208 pp

13 x 21 cm

Rights available

Move over Carrie Bradshaw! Iceland's hottest sex educator, Ragga, has written an honest, instructive, playful, and adventurous book. The book features transcriptions of her Q&A sessions with Icelandic women and men, young and old, on familiar topics as well as unusual ones, common and rare, simple and complicated. Laced throughout the pages are selected excerpts from a host of new interviews Ragga has conducted with Icelanders of all ages about their sexual practices and desires.

Sex in Iceland is an enlightening and informative, sex positive book – for those who have been enjoying sex since early last century, as well as those taking their first steps into Cupid's labyrinth.



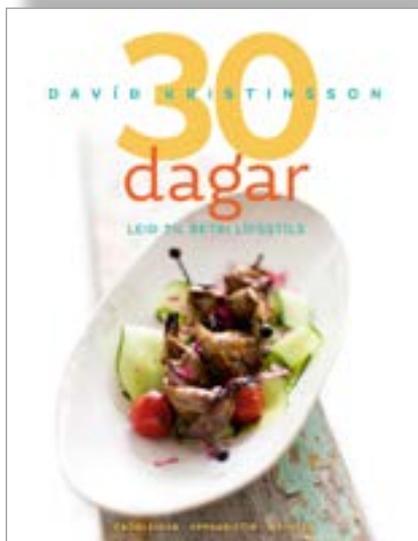
RAGGA (Ragnheidur Haralds- og Eiríksdóttir, b.1971) is a registered nurse. She is well known for her writings and appearances in Icelandic media for the past fifteen years addressing issues on sex and sexuality.

raggaeiriks.com

DAVID KRISTINSSON

30 Days

A Path to a Better Lifestyle

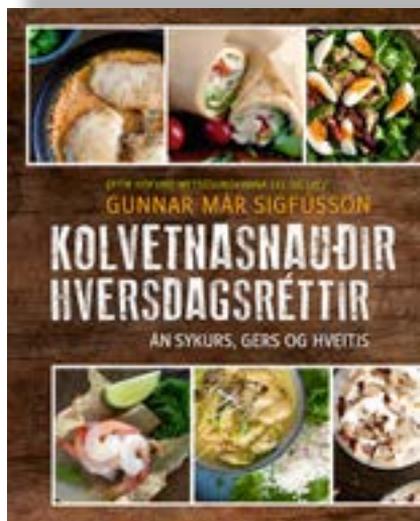
**HARDCOVER****2014****207 pp****20.5 x 26.5 cm****Rights available**

Do you want to improve your lifestyle, learn more about your body, reach your optimum weight and get into shape? If so, sticking to a clean diet for 30 days will definitely help.

The diet introduced in *30 Days* involves neither miracles nor near-starvation, but offers an effective way towards better health, balanced blood sugar levels, improved well-being and increased energy. All this is readily achievable by steering clear of foods that can negatively impact your body, and sticking to clean eating instead.



DAVID KRISTINSSON has 15 years of experience as a personal trainer, specializing in nutrition and lifestyle coaching, and has given a series of highly popular courses and talks on 30 days of clean eating.



HARDCOVER

2014

127 pp

20 x 25 cm

Rights available

GUNNAR MAR SIGFUSSON

Low-Carb Dishes for Everyday Enjoyment

The low-carb lifestyle has been a hit all over the world, and Gunnar Mar Sigfusson's books and courses have played no small part in its popularity in Iceland. Ever since his first book on the subject, many Icelanders have revolutionized their diet and lifestyle, and the selection of low-carb products in grocery stores has grown by leaps and bounds.

This new book provides a six-week low-carb menu, along with ten tasty desserts. The focus is on affordable and good home meals, everyday fare that can be prepared quickly and easily; healthy and tasty meals that steer clear of sugar, yeast, and flour.

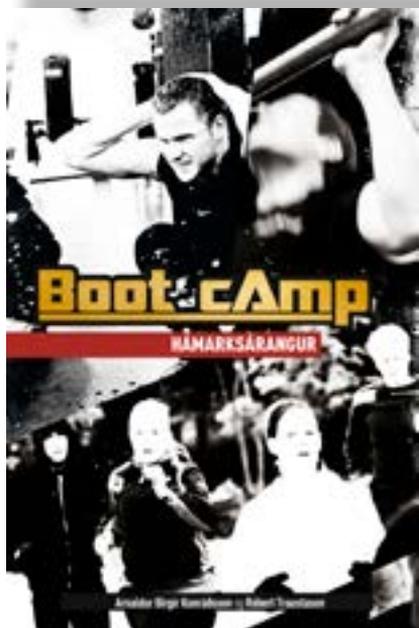
The recipes are simple and suitable for all, with gorgeous color photos of each meal provided.



GUNNAR MAR SIGFUSSON (b.1973) is a licensed golf fitness trainer from Titleist Performance Institute. He has worked as a personal trainer for over 15 years, besides organizing courses on golf fitness. He writes articles on health and golf for Pressan.is.

ARNALDUR BIRGIR KONRADSSON
ROBERT TRAUSTASON

Budz Boot Camp: Maximum Success



PAPERBACK

2010

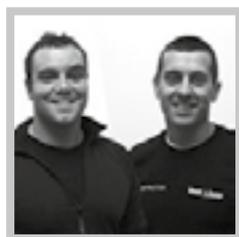
184 pp

**See Budz Boot Camp:
budzbootcamp.dk and
budzbootcamp.is**

Chapters in English available

Published in Iceland in 2010, *Budz Boot Camp - Maximum Success* has been so popular that it has already been reprinted several times. Thousands of Icelanders have tested their strength and endurance at the Budz Boot Camp, which recently opened a branch in Copenhagen with great success.

Maximum Success book describes the many different exercises and stretches they have evolved, together with training schedules with basic exercises for beginners and *élite* exercises for the more experienced. There are explanatory illustrations and photographs of all the exercises with clear instructions on how to execute each of them as well as special directions on the main features of each schedule. The book also furnishes the reader with nutritional advice and a wealth of other information indispensable to achieving maximum success.



ARNALDUR BIRGIR KONRADSSON and ROBERT TRAUSTASON designed and developed the Budz Boot Camp training system used in Iceland and Denmark. Using their combined experience as personal physical fitness coaches, sport trainers and bodyguards — taught by ex-special squad instructors — they have created a unique, demanding but highly enjoyable set of physical training programs.

SIGRIDUR SNAEVARR &
MARIA BJORK OSKARSDOTTIR

Empower Yourself



PAPERBACK

2013

208 pp, 16 x 23.5 cm

Rights available

Ideas, advice and motivation for the unemployed and anyone looking for a new opportunity.

- Are you at a turning point in your life looking for a new job or new opportunities?
- Do you need ideas, motivation and advice to achieve success in changing circumstances and complex occupational environment?

The goal of *Empower Yourself* is to help people in a job search to get a better chance to stand out on a competitive job market and to help those who want or need to find a new space for their time and skills or just switch jobs. The book points to multiple ways around the job hunt with extensive coverage on the hiring process, such as introspection, strength exercises, writing a resume and cover letters, and practice and tips for interviews.



The authors, MARIA BJORK OSKARSDOTTIR, a business management graduate, and ambassador SIGRIDUR SNAEVARR, put emphasis on originality, networking and wellbeing and their methods have been very successful. The duo is behind the workshops/seminars Empower Yourself that they have run since 2008 with over 1000 participants. This book builds from that experience and their own methodology, developed in exceptional circumstances after the financial crash, which has benefitted partakers in creating successful advantages and new opportunities. The methods and the courses, designed to empower the participants and changing their outlook, have a success rate of 75%.

VALGERDUR HALLDORSDDOTTIR

Who is in the Family?

Stepfamilies and Divorce



PAPERBACK

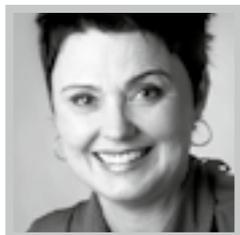
2012

255 pp

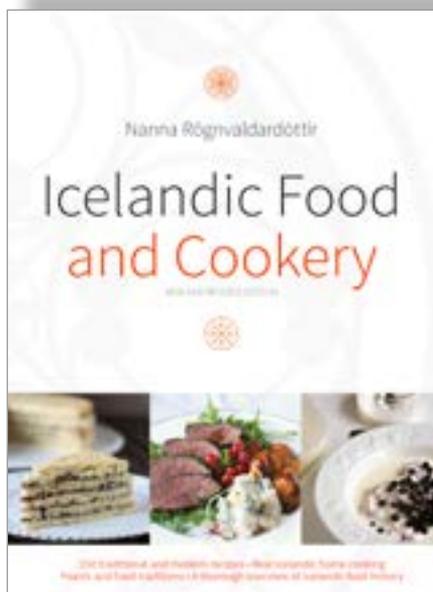
Rights available

Chapters in English available

A stepfamily is a family where one or both members of the couple have a child or children with another person or people. This is a practical handbook which includes many examples and addresses frequently asked questions and the primary issues stepfamilies have to contend with, such as the role of stepparents, discipline, finances, former partners, and the loss that affects everyone. The book describes and analyses the same topics from the point of view of both the children and the adults, i.e. parents, stepparents, grandparents, and step-grandparents within stepfamilies – which is important when resolving disagreements and complicated issues. This handbook is based on the author’s own experience, her clinical work, source material, and research and is appropriate for both a general readership and professionals who work with families in some way.



VALGERDUR HALLDORSDDOTTIR is a social worker with an MA in the field. She has also completed a course in Education and Childhood Development and a BA in Political Science. She created the website www.stjuptengsl.is and founded the Stepfamilies’ Association of which she is the president. She has held numerous lectures and courses on the subject of stepfamilies and has earned a great deal of respect for her work in their interests. She was chosen as Social Worker of the Year 2013, which she has previously been nominated for twice. She was nominated for the Frettabladid Newspaper’s Community Award in the category “Against Prejudice” and has been recognised by the parents’ association, “Home and School”. She is a member of “Welfare Watch” on behalf of the Association of Academics.



PAPERBACK

2014

New and revised edition

253 pp

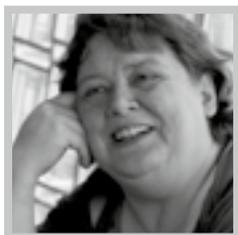
• *Best Food Writing Book Gourmand Award 2014*

NANNA ROGNVALDARDÓTTIR

Icelandic Food and Cookery

Icelandic Food and Cookery is a cookbook that gives a taste of Iceland through a wealth of traditional and modern recipes, food history, and lore. The book begins with a historical introduction to Icelandic food and cooking, from the Settlement to the modern Nordic kitchen. Festive food traditions are covered in a separate chapter but the main section of the book consists of recipes for popular Icelandic dishes, a virtual journey through local home cooking in the 20th century. Most of the recipes come from the author's own family or are sourced from old cookbooks and magazines. Every recipe is accompanied by historical information, personal anecdotes, or sociological tidbits that serve to explain the dish and give the reader a sense of Icelandic home cooking and culture and how it has changed and evolved.

150 traditional and modern recipes • Real Icelandic home cooking • Feasts and food traditions • A thorough overview of Icelandic food history

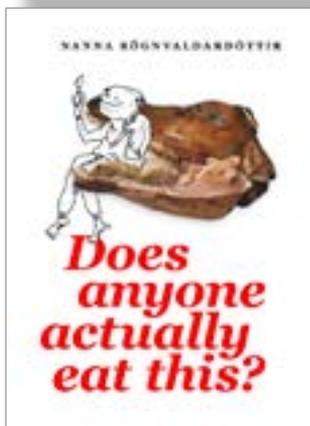


NANNA ROGNVALDARDÓTTIR is Iceland's most popular cookbook author and food writer. Her first book, the food encyclopaedia *Love of Food*, published in 1998, was nominated for the Icelandic Literary Prize for Non-Fiction and was named Reference Book of the Year by the Icelandic Librarians Association. In 2000, Nanna was a co-recipient of the Hagthenkir Non-Fiction Prize, awarded to her and food historian Hallgerdur Gísladóttir "for remarkable, fundamental writing of high quality about cooking and cuisine, national and international."

NANNA ROGNVALDARDOTTIR

Does Anyone Actually Eat This?

This richly illustrated book describes some Icelandic delicacies that often draw the attention of visitors for various reasons and call for questions like: “What is this?” “How is it made?” “What is the origin?” “When is it eaten?” and, in some cases “Does anyone actually eat this?” The author learned old food traditions at a young age and is now Iceland’s best known food writer.

**HARDCOVER****2014****73 pp****12.7 x 17 cm**

• *Best Historical Recipes Book Gourmand Award 2014*

**HARDCOVER****2004****148 pp****Available in:*****Icelandic, English and French******Also available in small format***

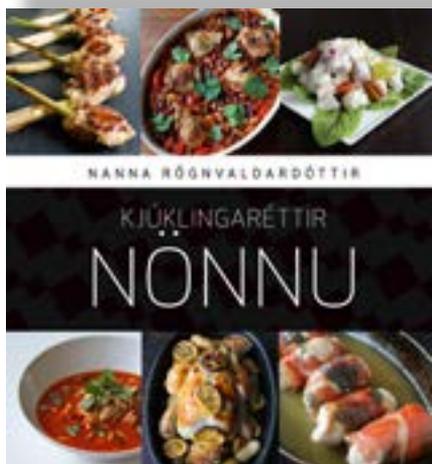
NANNA ROGNVALDARDOTTIR

Cool Cuisine

Favourite traditional Icelandic dishes are brought to life in this inspirational cook-book. A mixture of old and new, combined with excellent ingredients, provides a collection of mouth-watering recipes. This book gives you a taste of Iceland’s coolest cuisine with recipes which are easy to follow and fun to cook.

NANNA ROGNVALDARDOTTIR

Nanna's Chicken Dishes

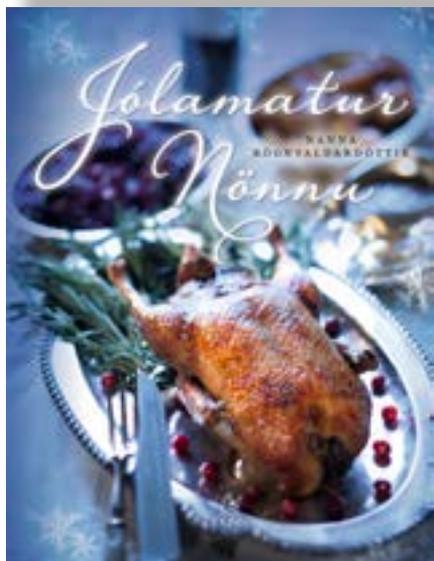
**HARDCOVER****2013****144 pp****18.5 x 20 cm****Rights available**

Chicken can be enjoyed in many diverse ways, both as an inexpensive everyday dish or a fine event meal. Here Nanna gives recipes for fifty fabulous chicken dishes where all can find something for their skill and shows diverse but simple cooking methods where the chicken turns out delicious delicacies of all kinds.

- Whole chickens: slow roasted, fast fried, stuffed, boned, and grilled.
- Chicken breasts and fillets, pan-fried, oven cooked, grilled, stuffed, hot smoked, in salads and sandwiches, on a stick, and nuggets.
- Chicken upper thigh, leg and wings: Mexican, Moroccan, American, Persian, Indian, Chinese, Korean, Turkish, Thai – in the oven, in a pot, grill, deep fried, in a bun, on a stick.
- Soups and gourmet dishes from chicken leftovers and chicken liver.
- Simple recipes for chicken stock, basic sauces, dips, and spice blends.
- *Finalist Gourmand Awards 2014*

NANNA ROGNVALDARDOTTIR

Nanna's Christmas Food



HARDCOVER
2011
166 pp
Rights available

Do you want a traditional Christmas, an inexpensive Christmas, a healthy Christmas, a fishy Christmas, a game Christmas, a luxury Christmas, a vegetarian Christmas, or a quick Christmas?

Are you looking for tried and tested recipes for traditional Christmas food, original takes on familiar party foods, or something new and exciting?

You'll find it all in this book.

Nanna Rognvaldardóttir was not allowed anywhere near Christmas cookery until she was well into her adult years, but she has made up for it ever since. The book is lavishly illustrated with Gisli Egill Hrafnsson's beautiful photographs.

• *Finalist for Gourmand Awards Easy Recipe 2011*



HARDCOVER

2013

224 pp

Rights available

21 x 25.5 cm

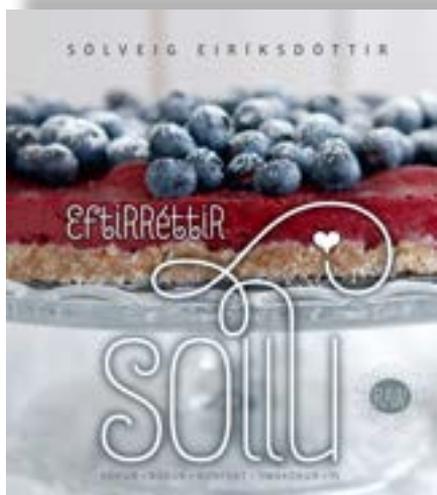
SVEINN KJARTANSSON

Fair Fish

This entertaining and unusual cookery book contains recipes and facts about seafood, and aims to encourage people to eat more fish, and to convince the reader that preparing fish can be exciting and straightforward, whether cooking for a feast or for everyday. The cornucopia of the ocean provides fish, both familiar and rare, shellfish and vegetation, and within the pages of this book these ingredients are transformed into diverse and delicious dishes that everybody will be able to conjure up in their own homes. This is the book of the TV series produced by chef Sveinn Kjartansson and photographer Aslaug Snorraddottir and others, and is packed with excellent photos and illustrations.



SVEINN KJARTANSSON is a chef and the owner of the restaurant Aalto Bistro in the Nordic House in Reykjavik. He has lived and worked both in Iceland and abroad, in Oslo and Amsterdam. Kjartansson has participated in three food and lifestyle series on national TV and is one of the authors of Hagkaup supermarket's *Fishbook*.



HARDCOVER

2011

166 pp

Rights available

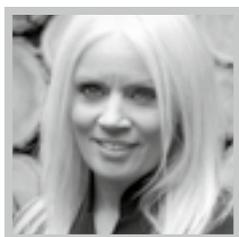
RAW SOLLA

Raw Food Desserts

One of the greatest pleasures in life is to try new and delicious dishes that focus on goodness and health, and here Solla opens up new dimensions in the art of desserts and sweets, for raw food converts, and for everyone and anyone who like to give themselves a treat.

This book contains all sorts of delicacies, with an emphasis on good and wholesome ingredients that are thoroughly discussed in the book's introduction. Everyone should be able to make brownies, small and large pies, cookies, cupcakes, nibbles, ice cream, and chocolate á la Solla.

- *Finalist in the vegetarian category for the Gourmand Awards 2012*



SOLLA EIRIKS (RAW SOLLA) is a food designer with a true passion for raw food. She is at the forefront of the Raw food movement both in Iceland and abroad. Two years in a row she was the winner of the Worldwide Best of Raw competition in two categories, Raw Vegan Simple Chef and Gourmet Raw Chef. She runs the popular raw food restaurant Glo with her husband.

rawsolla.com

**HARDCOVER****2011****261 pp****Published in Icelandic and English****Sold to:****Denmark (Turbine); USA/UK/ANZ****(St. Martin's); Finland (Tammi);****Hungary (Cser); Norway (Samlaget);****Japan (Graphic-sha)****EDITOR: ODDNY JONSDOTTIR**

Knitting with Icelandic Wool

65 patterns for garments made from Icelandic wool. *Knitting with Icelandic Wool* contains everything you need to know about Icelandic wool and knitting in Iceland. The book comprises 65 patterns for women, men, and children, chosen in collaboration with Iceland's largest wool manufacturer, Ístex.

The book mainly features the classic Icelandic lopi sweater and other popular garments, but there are also patterns for smaller projects such as woolly hats, socks, mittens, and scarves.

The history of knitting in Iceland, from its origins to the present day, is told with an emphasis on the emergence of the Icelandic lopi sweater, as well as the growth of the Icelandic wool industry.

Knitting with Icelandic Wool is a great book for knitters looking for exciting patterns knitted in Icelandic wool, and an informative and entertaining resource for all who have an interest in the history of handicrafts.

**HARD COVER****2013****272 pp****Rights available****20 x 27 cm**

GRETA SORENSEN

The Knitting Bible

A unique reference book about knitting techniques, as well as an idea maker for patterns and designs, both for seasoned knitters and beginners.

The knitting basics are covered in the first part of the book, including instructions on how to cast on, add one, pleat, and organize in different ways, plus many other ways to knit. Additionally the book discusses different types of yarn and their unique characteristics.

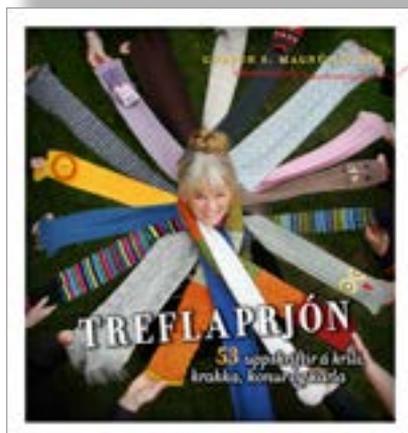
The second of the book contains one hundred knitting patterns which should be considered by all knitting fans an immeasurable source of ideas and inspiration to create and design their own versions.

The book is illustrated with a wealth of photos and pictographic explanations.

- *Nominated for the Icelandic Women's Literature Prize*



GRETA SORENSEN graduated from the textile department in the Art and Crafts school of Iceland in 1983 and with an MFA in textile design from Konstfack in Sweden on 1993, with a focus on knitting. She has worked with creations by hand as well as with a machine, and teaching.



HARDCOVER
2014
128 pp, 20.5 x 21.5 cm
Rights available
Sold to:
Norway (CappelenDamm)



HARDCOVER
2013
160 pp, 20.5 x 21.5 cm
Rights available
Sold to:
Norway (CappelenDamm)



GUDRUN S. MAGNUSDOTTIR is a handicrafts teacher and an extremely experienced and accomplished knitter.

GUDRUN S. MAGNUSDOTTIR

Knitting Scarves

– 53 Patterns for Tots, Teens, Ladies, and Gents

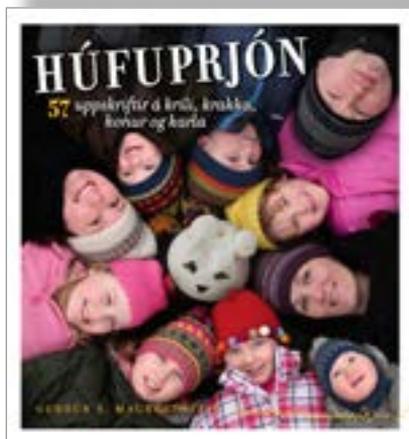
Knitting Scarves – 53 Patterns for Tots, Teens, Ladies, and Gents is a treasure trove for knitting enthusiasts, containing simple, clear recipes for scarves, fringes and wraps for children and adults, as well as useful tips and tricks and brief introductions to the knitting and crocheting techniques used.

GUDRUN S. MAGNUSDOTTIR

Knitting Mittens

– 64 Patterns for Toddlers, Children, Women, and Men

A useful book for all of those who are interested in knitting. The book includes simple and clear instructions for gloves for all ages, useful guidelines, good advice, and brief introduction to style and methods of knitting and crochet used in the book.

**HARDCOVER**

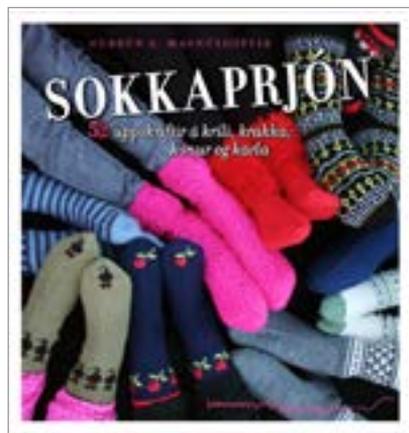
2012

134 pp

20.5 x 21.5 cm

Sold to:

Norway (CappelenDamm)

**HARDCOVER**

2011

127 pp

20.5 x 21.5 cm

Sold to:

Norway (CappelenDamm)

GUDRUN S. MAGNUSDOTTIR

Knitting Hats & Caps

– 57 Patterns for All Ages

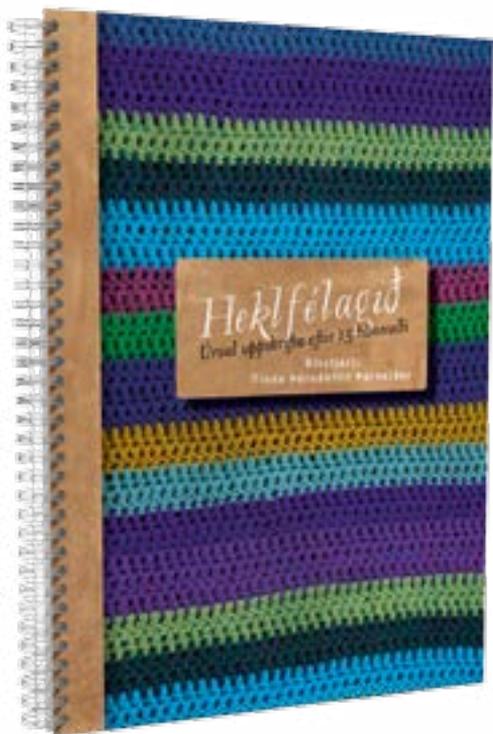
Knitting Hats & Caps is a diverse and colourful book for anyone interested in knitting. Here you have simple and clear patterns for hats and caps for people of all ages, in addition to practical information, great advice, and easy instructions on how to knit and crochet the designs in these patterns.

GUDRUN S. MAGNUSDOTTIR

Knitting Socks

– 52 Patterns for All Ages

In this vibrant book you'll find 52 patterns for babies, toddlers, kids, men, and women. The book is a true gem for those who love knitting, offering basic instructions for beginners, while advanced knitters are provided with diverse and fun guidance on knitting various types of socks. The book has simple and clear patterns with different kinds of socks and numerous designs, in addition to precise instructions accompanied with photographs showing how to knit socks, stitch by stitch.



PAPERBACK WITH SPIRAL

2014

187 pp

17 x 24 cm

**TINNA THORUDOTTIR
THORVALDAR**

The Crochet Company

The Crochet Company contains new and exciting crochet patterns from Iceland, gathered by Tinna Thorudottir Thorvaldar, whose previous works *Thora's Crochet Book* and *Maria's Crochet Book* proved a hit in Iceland.

The Crochet Company is an anthology of sorts, with Icelandic patterns by several crocheters. The 30 patterns in the book are diverse, ranging from clothes to accessories for children and adults, blankets, toys, tablecloths, and much besides. It also contains instructions for new crocheting techniques, such as amigurumi and cable crochet.



The patterns in THE CROCHET COMPANY have been designed by 15 different authors, editor Tinna Thorudottir Thorvaldsdottir included. All the designers have a great deal of experience and the more than 30 patterns in the book show a wide variety of styles that are popular today.

MARIN THORISDOTTIR

Crochet for the Little Ones



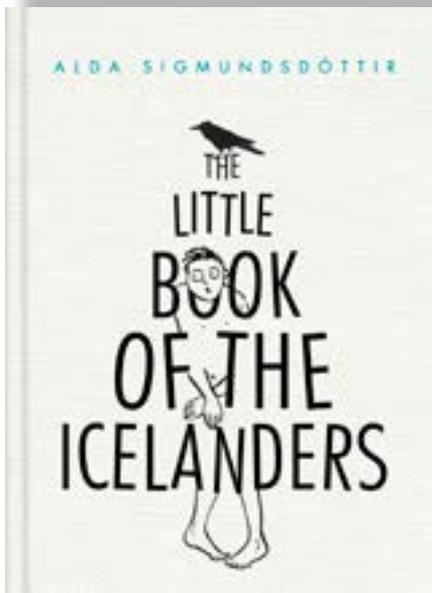
In the book *Crochet for the Little Ones* one can find fun and simple crochet patterns for beginners as well as those more advanced – from crocheted animals to aliens and robots, as well as hats, socks, blankets, and bibs. Attractive book for all of those who enjoy crochet and needlework, filled to the brim with ideas for presents for the little ones.

HARDCOVER**2013****88 pp****20.5 x 21.5 cm**

MARIN THORSDOTTIR has vast experience with crochet and has created innumerable creations in that field.

ALDA SIGMUNDSOTTIR

The Little Book of the Icelanders

**HARDCOVER****2012****101 pp****13.2 x 17.6 cm****Available in English, French, German and Spanish****Sold to: Poland (International House Integra sp. 20.0)**

After more than 20 years of living abroad, Alda Sigmundsdottir returned to Iceland and set about dissecting the national psyche of the Icelandic people. Among the fascinating subjects broached in *The Little Book of the Icelanders* are: The appalling driving habits of the Icelanders, naming conventions and customs, the Icelanders' profound fear of commitment, the Icelanders' irreverence, why Icelandic women are really men, how the Icelanders manage to make social interactions really complicated, the importance of the family in Icelandic society, where to go to meet the real Icelanders (and possibly score some free financial advice), rituals associated with weddings, confirmations, graduations, and deaths, and many, many more.

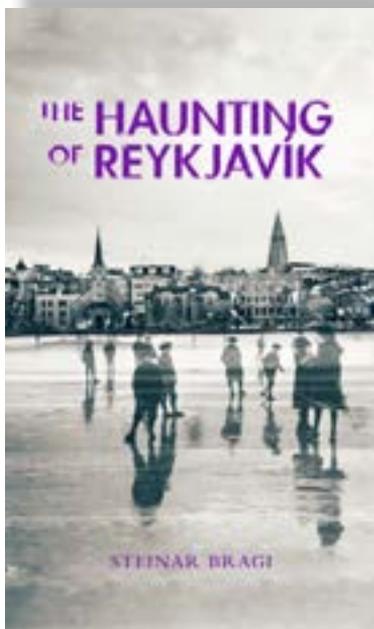


ALDA SIGMUNDSOTTIR is a writer, journalist, translator and blogger. She has lived in the United Kingdom, Cyprus, and Germany. Returning to Iceland as an adult, and, essentially, as a foreigner, she was quick to spot the many foibles of her countrymen. English is Alda's first language, and she has written extensively about Iceland for the international media. She chronicled Iceland's economic meltdown on her English-language blog, "The Iceland Weather Report," and has subsequently been a frequent commentator and lecturer on her country's social and economic situation.

aldasigmunds.com

STEINAR BRAGI

The Haunting of Reykjavik

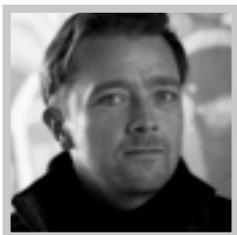


HARDCOVER
2012
101 pp
13.2 x 17.6 cm
Rights available
Available in English

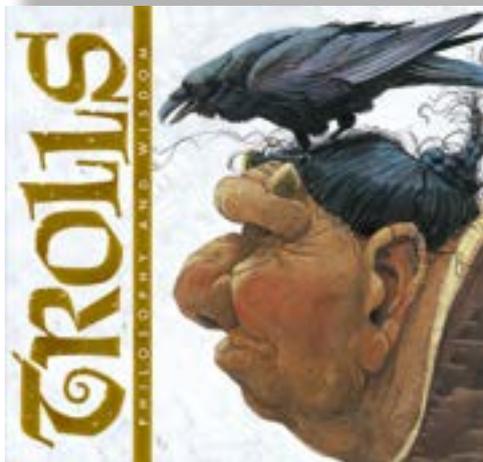
When the people of Iceland moved to the city they didn't leave their ghosts behind, nor their need to keep them in check through stories. Stormy weather, grim nature, poverty, and isolation; these cornerstones of Icelandic society have long served as fertile ground for lost souls.

The Haunting of Reykjavik is based on extensive interviews with numerous Icelanders – both dead and alive. The book presents some of the capital's best known modern ghost stories for the first time in print and is rich with historical information.

Read about the ghost in the attic of the Parliament Building. Learn about the girl who drowned her newborn child in Tjörnin Pond in a fit of despair. Meet the guests in the black rooms of Borg Hotel and the ghosts of Höfði, the historical building where US President Ronald Reagan met with Soviet leader Mikhail Gorbachev in 1986.



STEINAR BRAGI (b.1975) studied Comparative Literature and Philosophy at the University of Iceland. He has wandered a great deal around the globe, travelling through Europe, Asia, and both North and South America, acquiring unique experience. His first published book was the *Black Hole* volume of poetry in 1998. When his novel *The Sunshine People* was published in 2004, a Morgunbladid critic wrote that it established Steinar Bragi “as one of the most important novelists of his generation.”



PICTURE BOOK, HARDCOVER

61 pp. 24,5 x 22,5

**Available in: English,
Spanish and German**

Sold to:

Russia (Ripol)



BRIAN PILKINGTON

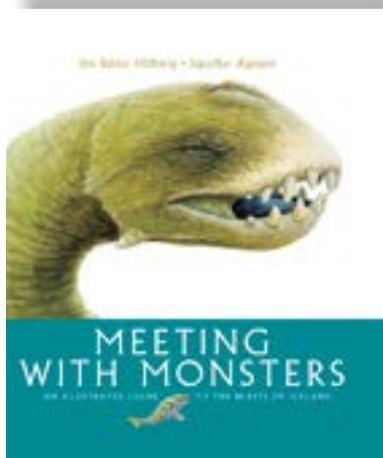
Trolls – Philosophy and Wisdom

Just because you haven't seen something doesn't mean that it doesn't exist!

Icelandic trolls have always been reclusive but they've become even more so with the encroachment of humans on their island. According to folktales throughout the ages, trolls have been deservedly feared. In the more than thirty years that illustrator and author Brian Pilkington has been exploring Icelandic folklore, however, a more characterful, tranquil creature has emerged – a reticent, serene, and highly intelligent being living in harmony with nature. These creatures go around barefoot, even in the coldest of winters, because they like to have their feet firmly planted on the planet they revere so much.

Trolls – Philosophy and Wisdom is a beautiful collection of paintings showing trolls in Icelandic nature along with their words of wisdom. Of Pilkington's many books concerning Icelandic folklore, this is his tenth about Icelandic trolls.

Trolls' Philosophy and Wisdom is richly illustrated by award-winning artist **BRIAN PILKINGTON** (b.1950). Pilkington is the author of several books for children, which have been published in a number of countries.



HARDCOVER

2008

135 pp

Available in:

Icelandic and English

SIGURDUR AEGISSON
ILLUSTRATIONS BY
JON BALDUR HLIDBERG

Meeting with Monsters

Icelandic folklore heritage contains a wealth of tales about weird animals and ferocious monsters. These creatures terrified Icelanders in prior centuries but have hardly been noticed recently a least for the most part.

The main folk legends and stories of these monsters from in or around Iceland are recounted in this book, from both oral and written sources. The monsters and their peculiarities are described in the text in a detailed, insightful manner, and the locations where they have been spotted are shown on a map. The illustrations accompanying the text shed additional lights on this interesting part of Icelandic folklore.

Noted wildlife artist JON BALDUR HLIDBERG has thrown himself into a new arena illustrating creatures of legend.

SIGURDUR AEGISSON is a folklorist and theologian by training and has written over the years on the subjects of natural history and folklore.



SIGURGEIR SIGURJONSSON has worked as a photographer in Reykjavik for many years and is the author of several magnificent books of photography, all of which have enjoyed enormous success for Sigurjonsson's ability to express the unique qualities of the Icelandic landscape.



HARDCOVER W/JACKET

2013

26 x 25 cm

128 pp

Colour photographs throughout

AVAILABLE IN ENGLISH AND GERMAN

SIGURGEIR SIGURJONSSON

Iceland Down to Earth

Magnificent aerial photographs of Iceland's wilderness. A bird's eye view that presents nature in new and unexpected ways, and the most incredible shapes and colours are revealed – all manner of fantastical images in glaciers, rivers and lakes, mountains, deserts, and shores.

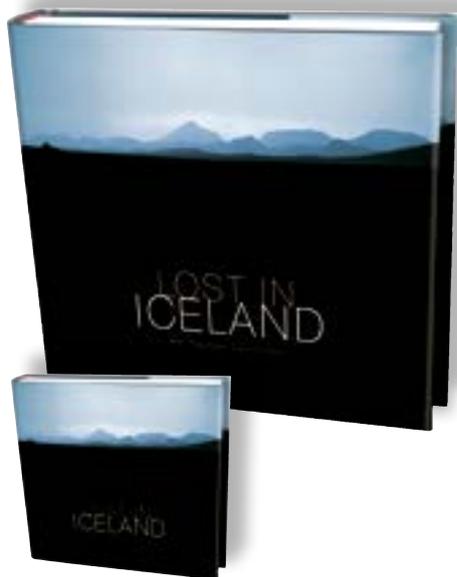


PAPERBACK
2010
23 x 23 cm
144 pp

SIGURGEIR SIGURJONSSON

Volcano Island

On average, volcanic eruptions occur in Iceland every four to five years, most of the time to little attention outside the country shores. In April 2010 the world took good notice of happenings in Iceland as the volcanic ash cloud from the eruption in Eyjafjallajökull wrecked havoc on air travel in Europe for days. This magnificent book shows the drama unfolding around Eyjafjallajökull, and the effects on the territory, as well as giving a general background of volcanism in Iceland.



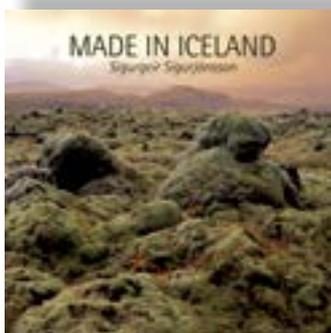
Over 60.000 copies sold!

HARDCOVER
22 x 26 cm, 160 pp
Available in:
English, French and German

SIGURGEIR SIGURJONSSON

Lost in Iceland

Tranquillity, silence ... qualities that are becoming increasingly rare in our frenetic 21st-century world, a world in which we live and work to a persistent soundtrack of man-made noise. In contrast, the sounds evoked by Sigurgeir Sigurjonsson's photographs are the eternal sounds of nature – the sighing of the wind, the lapping of waves, the hissing of steam, and the unchanging roar of a waterfall.

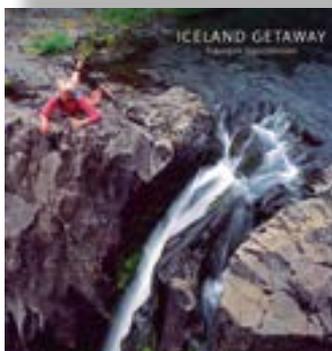


PAPERBACK

19 x 19 cm, 213 pp

Available in:

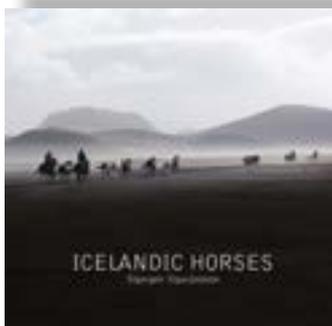
English, French and German



PAPERBACK

30 x 29 cm, 220 pp

Available in English



HARDCOVER

19 x 19 cm, 160 pp

Available in:

English, French and German

SIGURGEIR SIGURJONSSON

Made in Iceland

A treasure trove of wondrous photographs of the Icelandic landscape, of the forces of nature – and of ordinary people. This is nature photography at its finest. Sigurgeir Sigurjónsson demonstrates once more his ability to express the peace, quiet, and solitude of the stark emptiness of the Icelandic landscape, and its brief glimpses of human life in harmony with nature.

SIGURGEIR SIGURJONSSON

Iceland Getaway

Sigurjónsson's pictures and sensitivity to the awesome natural forces of the north, the splendour of the Icelandic highlands, and the magical power of waterfalls and hot springs have become part of Icelandic iconography.

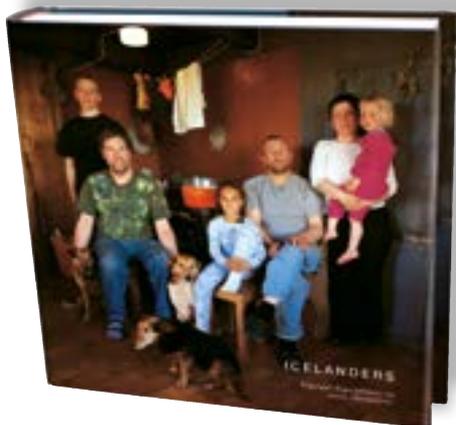
SIGURGEIR SIGURJONSSON

Icelandic Horses

A unique book of beautiful photographs that shows the Icelandic horse in nature, in winter, summer, spring, and autumn. The pictures are both of herds and individual horses, while superb photos of Icelandic competition horses can also be found.



UNNUR JOKULSDOTTIR has worked in various fields, including horse-training, hotel management, business management, and writing. After sailing around the world, she chronicled her travels and has since then written several travel books and a novel for children.

**HARDCOVER**

2014

13.5 x 13.5 cm

223 pp

Available in English, French, German
and Icelandic

SIGURGEIR SIGURJONSSON
UNNUR JOKULSDOTTIR

Icelanders

Over a period of two years, photographer Sigurgeir Sigurjonsson and author Unnur Jökulsdóttir travelled the length and breadth of Iceland and visited people from all over the country. The result of their journey is the book *Icelanders*, which contains haunting photos of people and nature, amusing dialogue, and lyrical narrative spiced with gentle humour. Small-boat fishermen, jacks-of-all-trades, tourist farmers, fox hunters, rock collectors, hired women, and children of nature are among the people we meet – people who want to live their lives according to their own designs, in the environment they know best.

- *Nominated for the Icelandic Literary Prize for Non-Fiction in 2004*



PAPERBACK

2014

14 x 21 cm

232 pp

Available in German

“This book is nothing less than great company, and it re-awakened in me a sense of content with being an Icelander.”

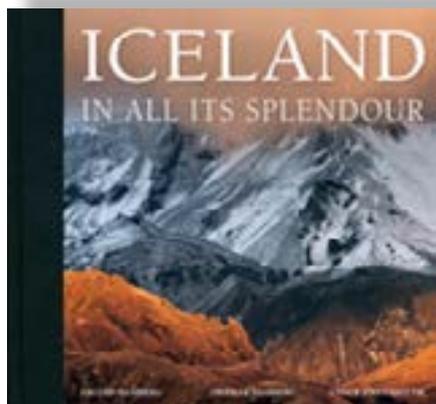
GUDRUN EVA MINERVUDOTTIR, WRITER

UNNUR JÖKULSDÓTTIR

Have You Seen the Hidden People?

Icelandic belief in the “Hidden People” – the elves and fairies of Iceland – has remained strong through the centuries, although it has tapered off somewhat with the rapid urbanization of recent years. To some it is a bit of an embarrassment, while others find it a fun and unique part of the national identity. At its core, it is a form of animism: a perception of the surrounding nature as a living force that offers both rewards and dangers – just as the Hidden People do.

A few years ago, the Icelandic writer Unnur Jökulsdóttir travelled around Iceland to have as many conversations about Hidden People she could. She was rewarded with a gaggle of thrilling stories about Hidden People (and even a few about Hidden Sheep and Hidden Cars), and finally enlisted the help of a specialist in an attempt to catch a glimpse of this mysterious folk for herself. She emerged from her voyage much the wiser – about the Hidden People, naturally, but also, in no less measure, about her country and its inhabitants.



HARDCOVER

2012

160 pp

Available in English, French and German

22.5 x 24.5 cm

ERLEND HAARBERG
ORSOLYA HAARBERG
UNNUR JOKULSDOTTIR

Iceland in All Its Splendour

Iceland is a land of contrasts in many senses: light and darkness, ice and fire; the stillness of the empty wilderness counterposed against the wild surf pounding on the shore; while in the barren vastness of the interior scattered pockets of vegetation and flowers flourish in sheltered sanctuaries. The inhabitants of the island take these stark contrasts for granted, while visitors are astonished by the rich variety of Icelandic nature.

Photographers ERLEND and ORSOLYA HAARBERG fell in love with Iceland, and especially with the contrasts they perceived wherever they looked. They visited Iceland in both summer and winter, striving to travel off the beaten tourist track. And they have the patience and resourcefulness to capture images of unforgettable and extraordinary moments. The couple has won many international awards for their nature photography. Icelandic writer UNNUR JOKULSDOTTIR contributes a text to complement these unforgettable photographs: informative and accessible, exploring Iceland's nature, geology, wildlife, and geological history.



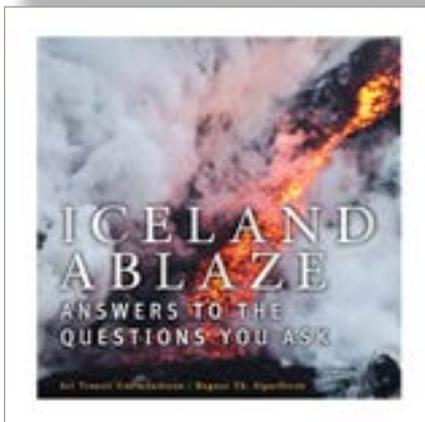
ARI TRAUSTI GUDMUNDSSON is a geophysicist and one of Iceland's foremost experts on volcanic activity and volcanoes. He is the author of some twenty books on geology, travelling, and nature, including a comprehensive study of all the volcanic areas in Iceland.



Photographer RAGNAR TH. SIGURDSSON holds multiple awards for his landscape photography. He is renowned for ability to capture the raw beauty of Iceland and the Arctic.

ARI TRAUSTI GUDMUNDSSON &
RAGNAR TH. SIGURDSSON

Iceland Ablaze



HARDCOVER

2013

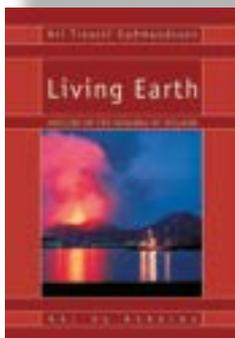
14 x 14 cm

112 pp

Colour photographs throughout

..... Iceland is a unique destination for nature lovers, especially for anyone with an interest in geology and geological phenomena: volcanoes, hot springs, geysers, and glaciers.

..... This book provides clear answers to common questions about the natural forces at work in Iceland, richly illustrated with stunning photographs.



PAPERBACK
W/PLASTIC JACKET

2007

480 pp

14.5 x 21 cm

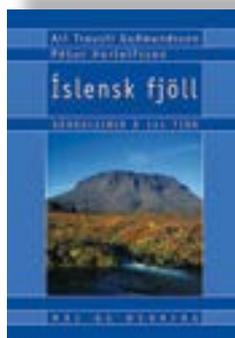
Available in: English and German

ARI TRAUSTI GUDMUNDSSON

Living Earth

The Geology of Iceland

One of Iceland's most distinguished writers of popular geological and nature books has compiled international research into Icelandic geology, providing the reader with an overview of the pooled findings, which are explained in a clear and accessible style. An incredibly useful and readable handbook that will satisfy even the most scientific readers.



PAPERBACK
W/PLASTIC JACKET

2004

334 pp

14.5 x 21 cm

Rights available

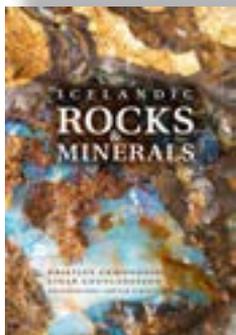
Sold to: UK (Cicerone)

ARI TRAUSTI GUDMUNDSSON
PETUR THORLEIFSSON

Icelandic Mountains

Walking Routes to 151 Summits

A wonderful book for trekkers and outdoor activity lovers. *Icelandic Mountains* contains walking routes to Iceland's major summits, which are indicated in a clear and entertaining way, with detailed maps of mountains and their surroundings areas, and precious information for travellers on the length of each walk, the level of difficulty involved, and its duration.



PAPERBACK
W/PLASTIC JACKET
2014
232 pp
14.5 x 21 cm
Available in: English

KRISTJAN SAEMUNDSSON, a geologist with Iceland GeoSurvey (ISOR), has worked extensively on geological mapping and geothermal research.

EINAR GUNNLAUGSSON is a geochemist with Reykjavík Energy, working on geothermal research.

GRETAR EIRIKSSON is a nationally recognised photographer of Icelandic nature.

EINAR GUNNLAUGSSON,
 GREYAR EIRIKSSON,
 KRISTJAN SAEMUNDSSON

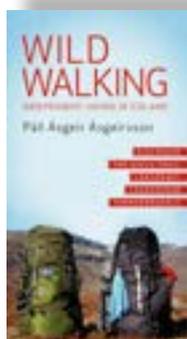
Icelandic Rocks & Minerals

This useful handbook, which fits easily into a pocket or rucksack, will help identify the interesting and often very beautiful minerals and rocks that are typical of Icelandic geology. Lavishly illustrated with colour photographs, the book contains detailed descriptions of the identifying features of each mineral, as well as an introduction to Icelandic geology in general and the conditions under which each mineral forms.

PALL ASGEIR ASGEIRSSON

Wild Walking

Independent Hiking in Iceland



PAPERBACK
2014
128 pp
12 x 22 cm
Available in English

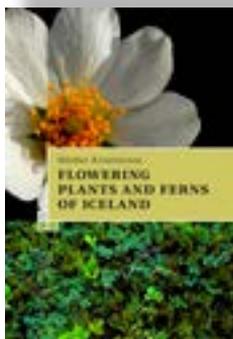
PALL ASGEIR ASGEIRSSON is an experienced outdoor enthusiast and has been a guide for many years. He has written numerous popular hiking books and trail guides, some of which, such as *Iceland Adventure*, have been published in English.

Travelling in the wild interior of Iceland is becoming increasingly popular, particularly when it involves bidding goodbye to the noise of modern life and heading on foot towards the peaceful mountains, with equipment and supplies in a backpack. Some of Iceland's most popular hiking trails are introduced here. The author guides the reader along each day-hike, pointing out natural wonders on the way, indicating places to stop for the night and advising on equipment and options.



PAPERBACK
W/PLASTIC JACKET
2011
125 pp
14.5 x 21 cm
Rights available

Other available books in this series:
The Icelandic Stones Handbook
The Key to Icelandic Geology



PAPERBACK
W/PLASTIC JACKET
2010
368 pp
14.5 x 21 cm
Published in Icelandic, German and English
Rights available

ARNBJORG L. JOHANNSDOTTIR

Medicinal Plants of Iceland

This book is a guide to the healing power of native plants and herbs in Iceland, with detailed information on their healing properties, applications, dosages and traditional uses. The book also includes directions on how to gather and prepare wild medicinal plants, and the reader is taught how to make preparations such as herbal teas, poultices and salves.

ARNBJORG LINDA JOHANNSDOTTIR studied herbal medicine and later Chinese medicine and acupuncture in England. She has worked extensively as a herbalist and acupuncturist both in Iceland and abroad.

HORDUR KRISTINSSON

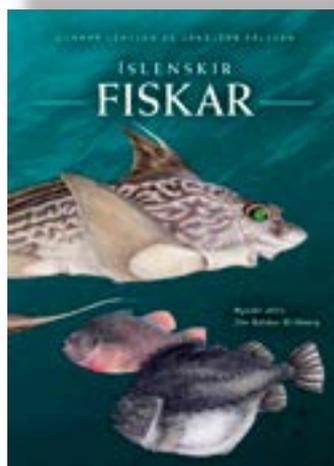
Flowering Plants and Ferns of Iceland

Flowering Plants and Ferns of Iceland, one of the most popular guides to Icelandic flora, has now been extensively revised and improved. Inside you'll find 465 different species of plants, some of which are new to Iceland or have been naturalized in recent decades.

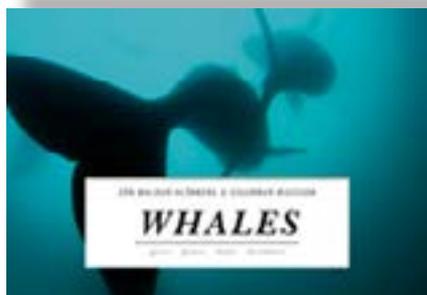
HORDUR KRISTINSSON is a Dr. rer.nat. in botany and has been studying and photographing the flora of Iceland for almost fifty years.



JON BALDUR HLIDBERG has long been famous for his wild life illustrations, which have adorned specialists books and variety of other informative material in recent years. A portfolio of his stunning artwork is available at www.fauna.is, an image database of over 1800 images of various plants and animals he has painted over the years. Images are added to the database as Jon Baldur Hlidberg paints new ones or as older ones are freed for publication. The database can be searched by English, Icelandic and Latin names



PAPERBACK W/PLASTIC JACKET
2013
14.5 x 21 cm
493 pp
Rights available



PAPERBACK
21 x 14.5 cm
155 pp
Available in English

**GUNNAR JONSSON
 & JONBJORN PALSSON**
 ILLUSTRATIONS BY JON BALDUR HLIDBERG

Icelandic Fish

The book is written by the two of Iceland's foremost experts in this field. It deals with the 340 species of fish found in Icelandic waters and contains over 500 pictures, both portraits and details, most of them from actual specimens.

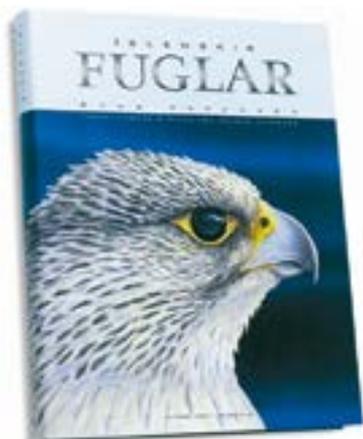
- *The Hagthenkir Non-Fiction Prize 2006*

SIGURDUR AEGISSON
 ILLUSTRATIONS BY JON BALDUR HLIDBERG

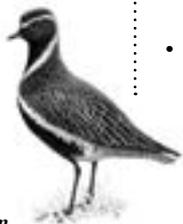
Whales

Species – Features – Habits – Distribution

Interest in whale watching has greatly increased in recent years. This book is intended to meet the growing need for easy-to-read material on these mysterious creatures. It can be used both when observing whales in their natural environment, and as a general handbook. All whales found in the cold seas of the North Atlantic Ocean are covered in detail, while exceptional pictures highlight all the main distinguishing features of the animals.



HARDCOVER
33 x 25,5 cm
312-344 pp
Rights available
Illustrations available on
fauna.is



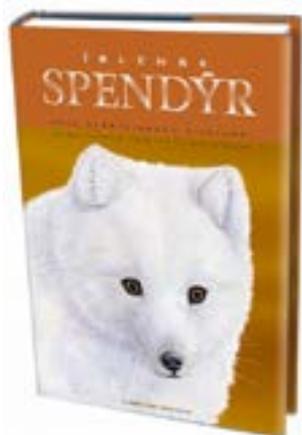
AEVAR PETERSEN

ILLUSTRATIONS BY JON BALDUR HLIDBERG

Icelandic Birds

The most up-to-date and thorough book on Icelandic birds ever. Each species is described in independent chapters including distribution maps and illustrations of every breed's eggs and different plumages.

- *Nominated for the Icelandic Literary Prize in for Non-Fiction 1998*



PALL HERSTEINSSON

ILLUSTRATIONS BY JON BALDUR HLIDBERG

Icelandic Mammals

Over 60 species of mammals are analysed in this book, each presented in lively and interesting prose, and accompanied by stunning water-colour illustrations, in addition to a wealth of maps and diagrams.

- *Nominated for the Icelandic Literary Prize for Non-Fiction in 2004*



JOHANN OLI HILMARSSON is a leading authority on the birds of Iceland and one of the country's most experienced bird photographers. He has written numerous articles on birds in books, magazines and newspapers. He is also president of BirdLife Iceland.

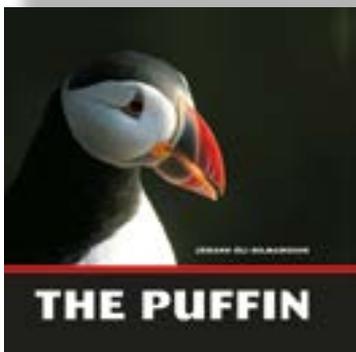


PAPERBACK W/PLASTIC JACKET
2011
14.5 x 21 cm
341 pp
Published in:
Icelandic, German and English

JOHANN OLI HILMARSSON

Icelandic Bird Guide

This new edition of the popular *Icelandic Bird Guide* has been completely revised and expanded. It covers all Icelandic breeding birds and regular visitors in detail and also describes numerous annual vagrants – over 160 species in total. More than 700 stunning photos, breeding range and winter distribution maps, diagrams showing information on breeding and migration and photographs of eggs shown actual size. This is an indispensable aid to birdwatching in Iceland.

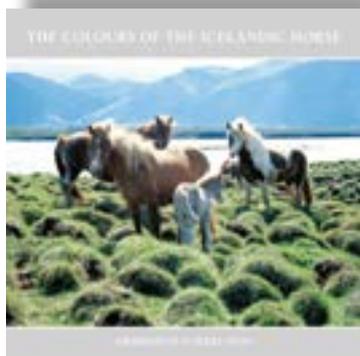


HARDCOVER
2008
125 pp
Available in English

JOHANN OLI HILMARSSON

The Puffin

This delightful book explores the life of the puffin in words and pictures, and provides details of Iceland's best puffin-watching locations. With unique photographs that show aspects of puffin behaviour which have not been photographed before.



HARDCOVER

22 x 24 cm, 170 pp

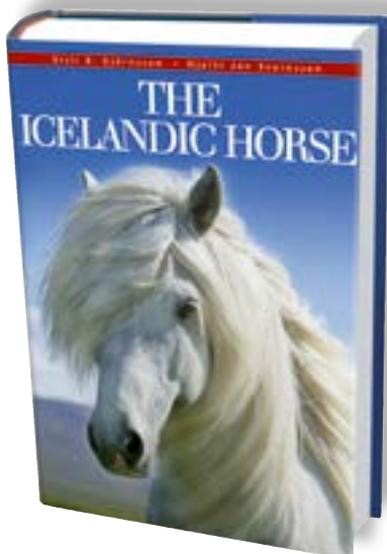
Available in:

English and German

FRIDTHJOFUR THORKESSON

The Colours of the Icelandic Horse

This is the first book of its kind to show the full range of possible colours to be found in the Icelandic horse. The book monitors foals from the moment of their birth to when they have acquired their definitive colour, and the changes in colour are shown, step by step.



HARDCOVER

24 x 34 cm, 415 pp

Available in:

English and German

GISLI B. BJORNSSON
H. SVEINSSON

The Icelandic Horse

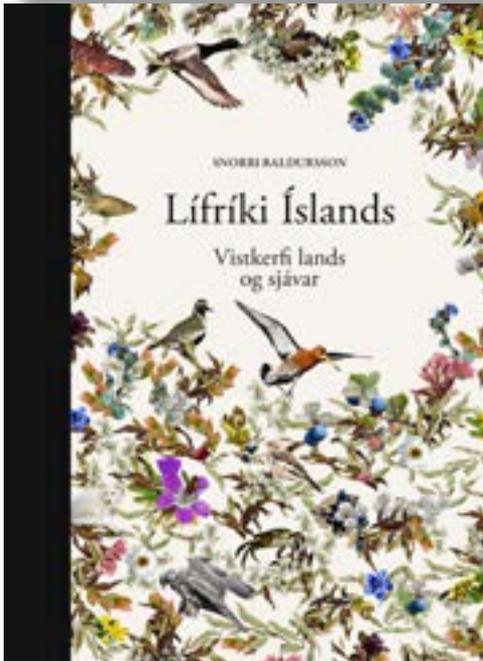
This magnificent book is the largest and most comprehensive volume about Icelandic horses ever published. It contains information about almost everything that has to do with Icelandic horses. Also, there are chapters about how they are doing outside of Iceland, including competitions and shows. Finally, the book features a long chapter about breeding.



The biologist SNORRI BALDURSSON has long worked on this extensive project in which he summarizes manifold and ample information regarding the biota of Iceland, which comprehend all the major studies in this field in recent decades, in an accessible text supported many distinct diagrams. In addition, a splendid selection of imposing photographs by the author add a new dimension to the work.

SNORRI BALDURSSON

The Biota of Iceland



HARDCOVER

2014

24 x 34 cm cm, 407 pp

Available in Icelandic

This unique book, which is both hugely informative and beautiful, seeks to investigate under the surface of the imposing Icelandic landscape, examining the life that thrives under different conditions in the various regions of the country. It tells the history and development of this biota and describes how organisms adapted after the ice age ended. The book discusses the different habitats of bioorganisms: terrestrial, wetland, freshwater, coastal and sea; the characteristics of areas and changes over time, the impact of location and use, and what should be protected and future prospects in the light of global developments. Finally it endeavours to answer the question of what will happen if there is an ecological disaster in the North.

- *The Icelandic Booksellers' Prize for Non-Fiction 2014*
- *The Icelandic Literary Prize for Non-Fiction 2014*

“Fantastically beautiful book! “

KILJAN, STATE BROADCASTING SERVICE

“Immensely ambitious ... gorgeous work.”

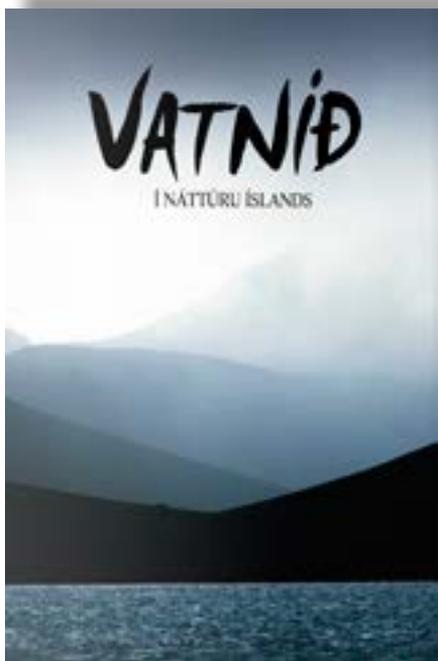
KILJAN, STATE BROADCASTING SERVICE



GUDMUNDUR PALL OLAFSSON (1941-2012) was a doctor of marine biology from Stockholm University. He also had a degree in art from Columbus College of Art and Design, Ohio. He worked as a teacher, a writer, naturalist, nature photographer, active conservationist, columnist, and lecturer in Iceland, and sometimes abroad.

GUDMUNDUR PALL OLAFSSON

Water, the World, and Us



HARDCOVER

2013

24 x 33 cm, 456 pp

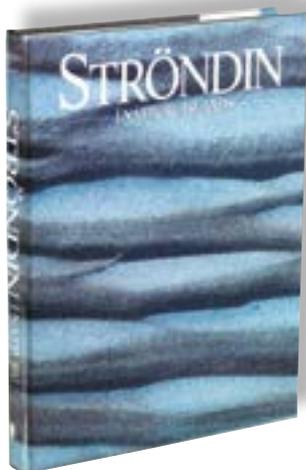
Rights available

Water, the World, and Us is a multidisciplinary science book lavishly documented with magnificent photos of the spectacular water-environment of Iceland; the Amazonian rainforests, where water has nurtured the most diversified life on Earth; the banks of the Ganges in India, where water is sacred; the Yellow River and the Yangtze in China – from Greenland and the Antarctic to the African savannah...

Profusely illustrated, the artwork includes many breathtaking photographs and informative maps.

- *Nominated for the Icelandic Literary Prize for Non-Fiction 2013*

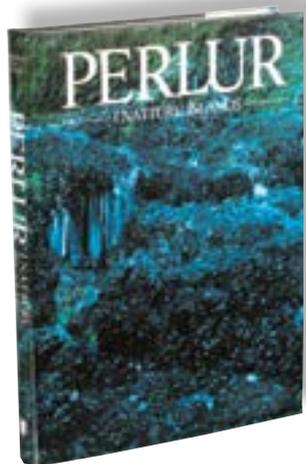
“Water is a book that will change attitudes, open people’s eyes, and make us realise that there is no doubt whatsoever that the battle to preserve natural resources is, literally, a fight for life and death. The book is an outstanding achievement by all those who were involved in its production.”



HARDCOVER
 1995
 24 x 33 cm, 460 pp
 Available in English

GUDMUNDUR PALL OLAFSSON The Coast of Iceland

This all-round reference work opens up the world of the coast, its nature, its culture, its magic, describing the formation and endless evolution of the land; the influence of the sun, the moon, and the weather on life on the shore; the mechanisms of tides and complex oceanic currents; and littoral life-forms, large and small. With stunning photographs showing both of the ocean depths and the flora and fauna of the coast.



HARDCOVER
 1990
 24 x 33 cm, 419 pp
 Available in English

GUDMUNDUR PALL OLAFSSON Iceland – the Enchanted

A comprehensive description of the extraordinary variety and magic of the Icelandic landscape, from chilling ice to fiery glory of the skies, from treacherous glacial melt water rivers to tiny meadow flowers, the unique and the everyday, even places of fond memories, or fearful ones.

The most comprehensive work ever published on the treasures of Icelandic nature. Entertainingly and informatively written, the books in this series are lavishly illustrated with stunning colour photographs and present the wonders of Iceland from all conceivable angles.



HARDCOVER

2005

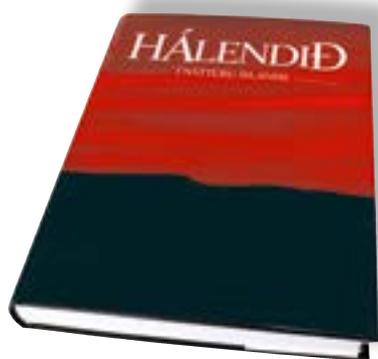
24 x 33 cm, 383 pp

GUDMUNDUR PALL OLAFSSON

Birds of Iceland

This outstanding book introduces the reader into the enchanting world of Icelandic birds, with descriptions of their behaviour patterns and way of life and flight, feeding habits, breeding, and preferred habitats. The book enumerates each species of Icelandic breeding birds, in text and photographs, including references to folklore and fiction.

- *Nominated for the Icelandic Literary Prize for Non-Fiction in 2005*



HARDCOVER

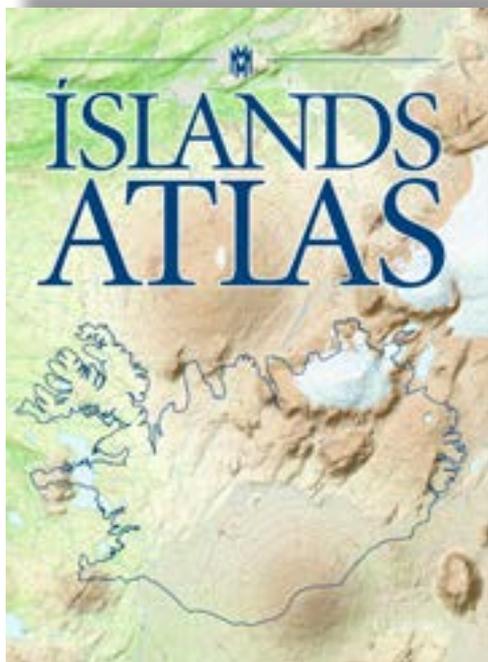
2000

24 x 33 cm, 439 pp

GUDMUNDUR PALL OLAFSSON

The Icelandic Highlands

The mountainous centre of the island, with its rocky deserts, jagged mountain peaks, ice caps, volcanoes, hidden valleys, and hot springs, is an awe-inspiring and untouched wilderness. This magnificent book presents the Icelandic highlands in all their splendour.

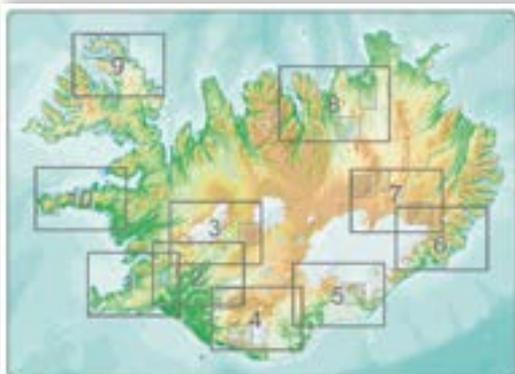


HARDCOVER CASED EDITION
47 x 36 cm, 208 pp



The Icelandic Atlas

The Icelandic Atlas is the most extensive atlas of Iceland ever published, and marks a turning point in Icelandic cartographic history. The entire country, from the highest peaks to the outermost headlands and islands, is depicted on 132 magnificent maps in the scale of 1:100 000. The maps are highly detailed, including over 43.000 place-names, along with an introduction on the history of Icelandic mapmaking and on the country's nature. Using the ArcGIS geographic information system from ESRI, the surface of the country could be reproduced with extraordinary accuracy, so that the height of mountains, the depth of valleys, and the endless expanses of the wilderness are perceived as if one were flying over the landscape. *The Icelandic Atlas* is a unique reference work on the geography of Iceland, which has been warmly welcomed by the people of Iceland. *The Icelandic Atlas* won three awards at the ESRI Conference in San Diego in 2006, the world's largest geographic information conference, with more than 1000 companies competing in 10 categories, where *The Icelandic Atlas* had the honour of being chosen absolute favourite.



Hiking maps

The hiking maps are produced for those who travel in Iceland's most popular natural regions. The maps focus on enjoyable driving and walking routes, and include a variety of information, including many place-names. On the reverse of the maps are descriptions of the main natural attractions of the regions, together with more precise maps of individual walking routes, etc.

Twelve maps in this series have now been published:

Map 1: Reykjanes – Thingvellir 1:100 000 / 1:50 000

Map 2: Gullfoss – Geysir – Hekla 1:100 000 / 1:50 000

Map 3: Kjölur – Langjökull 1:100 000 / 1:50 000

Map 4: Landmannalaugar – Thorsmork – Fjallabak 1:100 000 / 1:50 000

Map 5: Skaftafell 1:100 000 / 1:50 000

Map 6: Lonsoræfi – Snaefell 1:100 000 / 1:50 000

Map 7: Askja – Herdubreid – Kverkfjöll 1:100 000 / 1:50 000

Map 8: Akureyri – Myvatn – Dettifoss 1:120 000 / 1:50 000

Map 9: Hornstrandir 1:100 000 / 1:55 000

Map 10: Snaefellsnes 1:100 000 / 1:55 000

Map 11: Borgarfjörður 1:100 000 / 1:50 000

Map 12: Westfjords 1:200 000 / 1:100 000

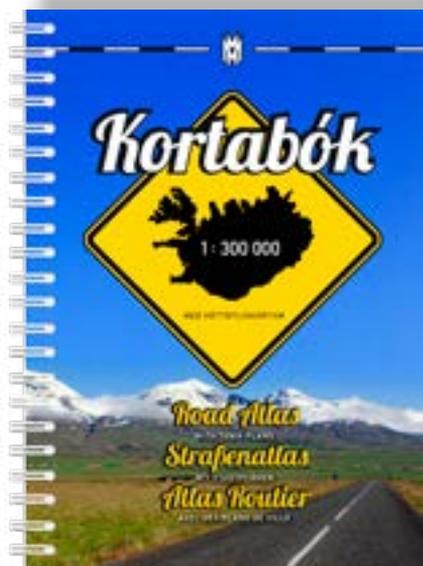


Touring Map

1:600 000

The *Touring Map* to the scale of 1:600 000 is a good overview map including up-to-date information on the road network, campsites, swimming pools, museums and road distances.

On the reverse of the map are details and colour photographs of Iceland's most famous beauty spots, together with a table of road distances. All text is in Icelandic, English, German and French.



**PAPERBACK WITH
SPIRAL BINDING**

24 x 17 cm

136 pp

Available in English and German

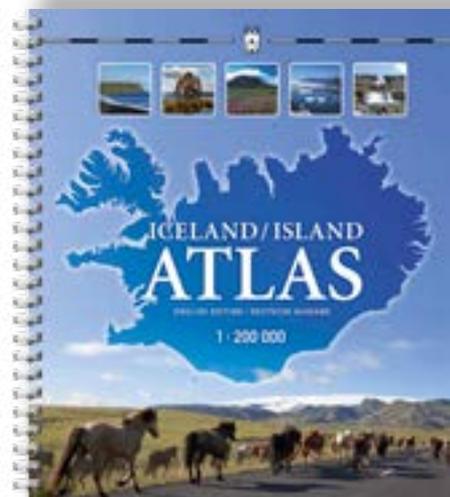
Road Atlas

1:300 000

Mal og menning's spiral-bound *Road Atlas* is designed to meet the needs of those who travel around Iceland. The country is divided up into 60 pages of maps, with a large overlap between pages, making the book convenient to use.

The book also contains 38 indispensable plans of Reykjavik and other towns, in addition to information on museums, swimming pools, campsites, golf courses, petrol stations and meteorological observation stations. At the back of the book is an index of 9,000 place-names. All text is in Icelandic and English.

Mal og menning's *Road Atlas* was nominated world's best atlas at an international cartography exhibition in 2000, and has been since then Iceland's most popular atlas.



**PAPERBACK WITH
SPIRAL BINDING**

28 x 24 cm

208 pp

Available in English and German

Atlas

1:200 000

The *Atlas* contains 78 new maps of Iceland in the scale of 1:200 000, together with maps of urban areas, and information on swimming pools, camping sites, museums, and golf courses. The latest additions to the new edition of the *Atlas* are descriptions of natural phenomena and historic places, drawings of birds, plants, and shells.

THE FORLAGID RIGHTS AGENCY

represents authors and titles in the field of literary fiction, crime fiction, classics, narrative non-fiction, non-fiction, and children's books from the following imprints: Forlagid, Idunn, JPV, Mál og menning, and Vaka Helgafell, as well as from the Forlagid cartography division. Being part of Iceland's largest publishing house means that we have something to offer to everyone; quality fiction and non fiction to publishers and production companies world-wide and a great expertise in handling translation rights to our authors, many of who are amongst the most successful and critically acclaimed writers in Iceland. Forlagid Rights Agency sells rights world-wide, directly and through sub-agents.



FORLAGIÐ

www.forlagid.is